

East Ayrshire Health & Social Care Partnership
Strategic Planning/ Wellbeing Delivery Group
02 November 2022 at 2pm
MS Teams

Present:

Sukhomoy Das, NHS Non-Executive Director (Chair)
 Craig McArthur, Director of Health and Social Care
 Jim Murdoch, Senior Manager Planning, Performance & Wellbeing
 Catherine Adair, Governance & Communications Manager
 Marion MacAulay, Head of Children's Health, Care & Justice
 Sina Currie, Senior Manager Early Years
 Linda Dickinson, Senior Manager
 Irene Clark, East Ayrshire Advocacy
 Danielle Rae, Planning and Performance Officer
 Lorna McIlreavy, Partnership Engagement Officer
 Michael Byers, Planning and Performance Officer
 Angela Wood, Wellbeing Coordinator
 Arlene Bunton, Independent Sector Representative
 Paul Blackwood, Scottish Fire & Rescue
 Lorna Wallace, Resource Worker
 Jo Gibson, Head of Wellbeing & Recovery
 Louise Lapsley, Thinking Differently Coordinator
 Martin Egan, Senior Manager Justice Services
 Mhairi Strawhorn, Public Health
 Lisa Cairns, CVO East Ayrshire
 Allina Das, Staff Side Representative
 Clare Black, Public Health
 Kevin Lyle, Health Improvement Officer
 Laura Thompson,
 Elaine McClure, Caring for Ayrshire
 Councillor Douglas Reid, East Ayrshire Council
 Dale Meller, Senior Manager Protection & Learning

In Attendance: Aileen Anderson, Committee Secretary (Minutes)

Agenda	Discussion	Action
1.	<p><u>Welcome & Apologies</u></p> <p>Dr Sukhomoy Das welcomed everyone to the meeting and noted apologies from Alex McPhee and Sandra Campbell.</p>	

2.	<p><u>Minutes of the Previous Meeting held on 08 June 2022</u></p> <p>The minutes of the previous meeting were agreed as an accurate record of discussions.</p>	
3.	<p><u>Matters Arising</u></p> <p><u>Social Isolation & Loneliness</u> Clare Black advised that a new Senior Health Improvement Officer has been appointed who will have a focus on social isolation and loneliness.</p>	
4.	<p><u>Constitutional Matters</u></p> <p>There were no declarations of interest.</p>	
WELLBEING DELIVERY ITEMS		
5.	<p><u>2021-22 Annual Update</u></p> <p>Jim Murdoch delivered a presentation on the CPP Wellbeing Delivery Plan Annual Update.</p> <p>It was highlighted that the Wellbeing Plan was aligned to the Caring for Ayrshire Programme and the Ayrshire Growth Deal.</p> <p>Dr Das welcomed the presentation and associated report and noted the wide range of services working in partnership. It was highlighted that the report took account of people with lives experience and shared their voice.</p> <p>A report on the Mental Health First Aiders and Suicide Prevention training has been taken to the Staff Governance Committee and was well received. The Committee were keen to hear about other areas of innovative practice and further updates will be provided.</p>	
STRATEGIC PLANNING ITEMS		
6.	<p><u>Wellbeing for All Participatory Budgeting</u></p> <p>Michael Byers provided background and context to Participatory Budgeting and advised that an exercise has been agreed with East Ayrshire Localities in early 2022. A Steering Group was formed with colleagues from across the Partnership, Public Health and the Third Sector with a key objective to support projects and services which promoted wellbeing across all ages.</p> <p>£250,000 was made available and split evenly across the three localities with applications being welcomed between 30 June and 09 August 2022; it was noted that there had been less applications in the Northern locality therefore their applications were extended to 19 August to encourage more submissions.</p>	

	<p>Following the deadline there were 89 applications requesting funding of approximately £1,100,000 – these were split with 26 for Kilmarnock; 27 for South Locality; 13 for North Locality and 23 Pan East Ayrshire applications.</p> <p>A screening application process then took place to review and assess applications and establish if they meet the criteria. Following the screening process 59 projects were approved to the voting events – 15 for Kilmarnock; 19 for the Southern Locality; 11 for the North Locality and 14 pan East Ayrshire applications.</p> <p>Voting events took place the last week of October and were well publicised to encourage attendance; five events took place – 1 in Kilmarnock and 2 each for South and North due to the geographical spread.</p> <p>It was highlighted that, with all voting events, there are some groups who were unsuccessful and support and signposting to other supports was offered to these groups. A meeting with all the Participatory Budgeting stakeholders will take place to review the exercise and identify any learning for future events.</p> <p>Dr Das queried how the group managed to reduce the number of applicants to the voting stage and it was noted that a summary report will be provided to IJB and elected members for information. The group agreed it was important to share the information and good news stories from the event and to support unsuccessful groups in signposting to other funding streams.</p> <p>Marion MacAulay sought assurance that there will be evidence of projects having a positive impact for communities and it was noted that the successful groups will be invited to Locality Planning Groups to give an overview of their progress and impact.</p>	
7.	<p><u>Local Conversations Proposal</u></p> <p>Lorna McIlreavy presented the report to propose restarting the Local Conversation Events in person with a focus given to developing the Partnership’s Participation and Engagement Strategy and a number of emerging areas of work.</p> <p>Previously annual events took place to bring people together and have topic driven discussions which were relevant at that time and it was proposed that this would change to three engagement events within localities which can take a more tailored approach utilising the EQIA approach. Having local based events will also tie in with the challenges around cost of living which is anticipated to be the main topic for people.</p> <p>A short life working group is being put together to deliver the events over the winter months and members were being sought as well as a list of topics to inform the approach. It was noted that these events will tie in with the relaunch of Caring for Ayrshire.</p>	

	<p>Craig McArthur noted that there had been a lot of changes since the last Local Conversation Event which was before the relaunch of Caring for Ayrshire and the COVID Pandemic; it was also noted that the National Care Service bill was also being developed.</p> <p>The Group were supportive of the engagement approach and recognised the importance of hearing the voices of communities. It was welcomed that the events should be accessible to encourage attendance particularly with the cost of living in mind.</p> <p>Jo Gibson advised that information would be coming out around a number of cost of living supports in East Ayrshire; warm welcomes in community venues with a programme of activities for people to participate in.</p> <p>The Group noted the report and agreed the following recommendations:</p> <ol style="list-style-type: none"> i. That a programme of Local Conversation events run from end of November 2022 through to January 2023; ii. The events take a targeted equalities approach informed by an Equalities Impact Assessment (EQIA); iii. Programmes to entail overview of HSCP activities and discussion on meaningful engagement whilst then allowing for topics which are then tailored to the audience group; iv. Ensuring a multi-agency approach that ties in with the wider Cost of Living agenda; and v. Short life working group be formed to take forward the planning and delivery. 	
THINKING DIFFERENTLY UPDATE		
8.	<p>Self-Directed Support Draft Improvement Plan</p> <p>Louise Lapsley delivered a presentation on the Self Directed Support Improvement Plan. The presentation highlighted the challenges with Self Directed Support and that a plan for improvement was in place for implementation of Option 2 in 2023. Option 2 for Self Directed Supports allow people to make their own choice for their support with a budget managed by a third party,</p> <p>Marion MacAulay advised that she sits on the SWS Development Board and was mindful of the national direction of travel around Option 2 and there was a drive to move away from case management approaches.</p> <p>Louise Lapsley advised that focus groups were being developed to tease of the issues and identify learning and peer mentor models around SDS with a collaborative approach.</p>	
OTHER BUSINESS		
9.	<p>COST OF LIVING</p> <p>Jo delivered presentation on Cost of Living. Councillors incredibly supportive.</p>	

	<p>Paul Blackwood welcomed the work to support people over a challenging winter and highlighted that Scottish Fire & Rescue are hearing about concerning behaviour around alternative means of cooking and heating homes which can lead to increased fire risk.</p> <p>It was noted that the Partnership were linking with Scottish Fire & Rescue to include information on the website around fire safety. Work was also being done to highlight the early indicators for hypothermia and malnourishment to allow non-clinical staff to identify these.</p> <p>Jo Gibson further highlighted that a programme of activities and warm hubs were being developed to get people through the winter; this will be reviewed further in the Spring.</p>	
10.	<p>HSCP WORKFORCE WELLBEING PLAN</p> <p>Angela Wood highlighted that there was a range of wellbeing supports for staff. Finding Inner Calm Sessions were being run for staff with a focus on anxiety, mindset strategies and tools to support and manage with increased anxiety; targeted sessions for managers were being run as well.</p> <p>Managers across the Partnership were being encouraged to complete the wellbeing plan and it was anticipated that these would be built into supervision sessions with staff.</p> <p>Marion MacAulay thanked Angela for the support across the services and recognised the importance in looking after staff as they deliver services in communities. It was further noted that staff should be made aware that they have a responsibility to engage with supports which are available.</p>	
11.	<p>AOCB</p> <p>Nothing to discuss.</p>	
12.	<p>DATE OF NEXT MEETING</p> <p>21 February 2023 at 2pm (workshop) – Robert Burns Room, Council HQ/ MS Teams</p> <p>26 April 2023 at 2pm – Council Chambers, Council HQ/ MS Teams</p>	