

grant assessment form

1 Purpose of the group

Kilmarnock Amateur Weightlifting Club operates in the Shortlees area of Kilmarnock. The club has a long and well established reputation for community sports development. The main objective of the club is to provide opportunities for children, young people and adults to participate in the sport of weightlifting at a level suited to their own ability. In addition to Weightlifting as a sport in itself the club also provide strength and conditioning services for competitors from other sports (e.g. netball, football, martial arts) which in turn boosts performance. Also, the club provides a very attractive alternative to youth crime, anti-social behaviour and substance misuse for young people from the Shortlees area and well beyond.

2 Purpose of the grant

The grant is required in order to keep the club going with rents etc. It will also allow the club to provide young people the opportunity to participate in competitions at venues across the UK as well as host their own competitions bringing much needed positive profile to the community of Shortlees and wider Kilmarnock area and finally will assist the club with purchasing equipment which will greatly improve the services offered.

3a	How many people are on the group's Management Committee?	3
3b	What is the group's total membership?	45
3c	How many people in the group would benefit from the grant?	45 +
3d	How many people usually attend the group?	30
3e	How many people are expected to attend?	45 +

4 How will the grant develop the group/organisation or benefit the local community?

The benefits of this grant on the group, its members and the wider community are clear it will allow the group to continue to provide the following services which are high impact:

- Opportunities for Children, Young People and Adults to try Weightlifting for the first time in a safe and welcoming environment;
- Opportunities for Children, Young People and Adults to reach their full potential in the Sport of Weightlifting by offering high quality, well structured and specifically developed coaching programmes to meet the needs of the individual;
- Opportunities for participants of other sporting disciplines (e.g. athletics, netball football, karate etc) to participate in specific training programmes via the club in order to improve their strength and conditioning thereby developing their own performance in their chosen sport;
- Opportunities for Young People to engage in a structured programme of physical activity as an alternative to youth crime, anti-social behaviour and drug misuse.
- Opportunities for Young People to participate in fun fitness programme which improves physical and mental health, self confidence and promotes team work and co-operation.

5	Total cost of project		£2,050
	Amount of grant requested		£1,750
	Bank Balance(s)	Date 7/03/06	£354.83
	Where the group has more than one bank account all balances should be recorded		
	Cash in hand	Date	£
	Name of other funding source		
	Amount and date of grant		
	£	Date	

6	Recommendation	
	Support	X
	Refuse	
	Defer	
	Amount Recommended	£1,598.10
	Reason for recommendation	
	As well as providing high quality sports development opportunities which has resulted in past and present Commonwealth selection and genuine aspirations for Olympic qualification, this is a club which understands its role in the community and the impact that sport can have on the wider social agenda, in particular as an alternative to anti-social behaviour. This club is an excellent example of a "true" community sports club and have attracted much positive publicity for Kilmarnock in recent times. The amount of £152 has been deducted to account for those residing outwith EA	

7	If latest bank balance exceeds the cost of the project or is substantial, are these funds ring-fenced for the normal activities of the group or can they contribute to the cost of the project?
	n/a

8	Does the project represent value for money?	Yes <input checked="" type="checkbox"/>	No <input type="checkbox"/>
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9	If there are any revenue implications how will they be met in future years?

10	Cross boundary grant (if applicable) and division per committee (the calculation should identify the corresponding number of individuals within the respective Local Committee areas who will directly benefit from the grant award)
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0	Cumnock Area	£190.25 (5)	Kilmarnock Central	£152.20 (4)	Northern Area
0	Doon Valley	£799.05 (21)	Kilmarnock South	£152.20 (4)	Other areas outwith East Ayrshire
£190.25 (5)	Irvine Valley		Method of Division		
£266.35 (7)	Kilmarnock North		Based on 1,750 divided by 46 members = £38.05 (approx) per head. 42 of these reside within EA split accordingly among each local committee area as per places of residence. Total amount recommended: 42 x £38.05 = £1,598.10		

All questions on this form must be completed