

**EAST AYRSHIRE PARTNERSHIP**

**COMMUNITY PLANNING PARTENRSHIP BOARD  
29 SEPTEMBER 2011**

**PARTNERSHIP IN PRACTICE AGREEMENT 2011 - 2015**

**Report by the Head of Service Community Care, East Ayrshire Council**

**1. PURPOSE OF REPORT**

- 1.1 The purpose of this report is to inform Community Planning Partnership (CPP) Board members of the Partnership in Practice Agreement 2011-2015, entitled "Living and Working in Partnership", and to seek support in its implementation.

**2. BACKGROUND**

- 2.1 The then Scottish Executive review of services for people with learning disabilities, entitled "The Same as You" and published in 2000, required Councils and NHS authorities to produce Partnership in Practice Agreements.
- 2.2 It was recommended that Partnership in Practice Agreements were developed by consulting service users and carers, and reflected the role of the independent sector in delivering services to people with learning disabilities. It was expected that Partnership in Practice Agreements should consider areas such as support for families and carers, transitional arrangements and autistic spectrum disorders.
- 2.3 There is no longer a requirement to produce Partnership in Practice Agreements; however, in order to focus on service developments for people with learning disabilities and their carers in East Ayrshire, we have continued to produce agreements, in partnership with a wide range of stakeholders. This is a reflection of the strong and meaningful partnership arrangements in East Ayrshire.
- 2.4 With the advent of Community Health Partnership arrangements and, within this, the Mental Health and Learning Disability Partnership, the Partnership in Practice Agreement serves as the strategic document for learning disability supports and services in East Ayrshire.
- 2.5 The original Partnership in Practice Agreements were designed to have a three-year timescale; however, in East Ayrshire we have adapted this to fit with Community Planning timescales. Delivery of the Partnership in Practice Agreement is an action within the Improving Health and Well Being Action Plan 2011-2015.
- 2.6 The Community Planning Joint Officers' Group considered this report at its meeting of 30 August 2011 and members agreed that, in relation to addressing employability for people with learning disabilities, Fiona Skilling, General Manager CVO (EA) Ltd, who currently leads on the Local Social Economy Partnership, should be requested to consider the opportunities afforded through social enterprise development in this regard and attend the next JOG to discuss.

### **3. LIVING AND WORKING IN PARTNERSHIP – PARTNERSHIP IN PRACTICE AGREEMENT 2011-2015**

- 3.1 The Partnership in Practice Agreement entitled “Living and Working in Partnership” was developed jointly by the Council, East Ayrshire Independent Advocacy Services, Kilmarnock College, NHS Ayrshire and Arran, Princess Royal Trust for Carers and the VIP Partners. In addition, there was a specific Partnership in Practice development conference.
- 3.2 The outcome of the consultation with respect to day services in East Ayrshire ‘Getting it Right for Everyone’ was also used to inform the agreement.
- 3.3 The Partnership in Practice Agreement reflects the data included within the Scottish Index of Multiple Deprivation and the aspirations of ‘Towards a Mentally Flourishing Ayrshire and Arran’, along with the work being undertaken with respect to the Integrated Resource Framework.
- 3.4 The Partnership in Practice Agreement defines the outcomes identified through consultation and in line with other strategies, and information available then describes actions which will be undertaken to achieve those outcomes.
- 3.5 Examples include:-
- (i) **Outcome** -Increasing transparency about resources available and how they are allocated  
**Action** - develop a resource allocation system
  - (ii) **Outcome** - Provide more choices for adult social venues and encourage independent and public sector providers to enhance natural community supports –  
**Action** - development of new Kilmarnock Day Service facility to facilitate this requirement.
  - (iii) **Outcome** Increase the opportunities for individuals to get work experience that can train/prepare for employment  
**Action** - support existing social firms and the development of new ones.

### **4. MONITORING OF IMPLEMENTATION OF AGREEMENT**

- 4.1 Progress in the delivery of outcomes identified within the Partnership in Practice Agreement will be undertaken through the Mental Health and Learning Disability Partnership within the Community Health Partnership.

### **5. LEGAL POLICY/IMPLICATIONS**

- 5.1 The Partnership in Practice agreement supports the partnership’s role in delivering supports to people with learning disabilities in line with Social Work (Scotland) Act 1968 and the Adult Support and Protection (Scotland) Act 2007

### **6. FINANCIAL IMPLICATIONS**

- 6.1 All developments identified within the Partnership in Practice Agreement will be progressed within existing partnership budgets.

## **7. COMMUNITY PLANNING**

- 7.1 The Partnership in Practice Agreement ensures the needs of people with learning disabilities are recorded and strategically addressed and monitored.

## **8. EQUALITY IMPACT**

- 8.1 An Equality Impact Assessment has been completed and recognises the actions within the Partnership in Practice Agreement to support inclusion of people with disabilities.

## **9. RECOMMENDATIONS**

- 9.1 The Community Planning Partnership Board is requested to:

- (i) endorse the content of the Partnership in Practice Agreement;
- (ii) note the actions agreed by the JOG at its meeting of 30 August 2011; and
- (iii) discuss further opportunities to support the aspirations of people with learning disabilities and autistic spectrum disorders, as outlined in the document.

**Eddie Fraser**  
**Head of Service Community Care**  
**East Ayrshire Council**  
**19 September 2011**

### **LIST OF BACKGROUND PAPERS**

1. Living and Working in East Ayrshire – Partnership in Practice Agreement

# Living and Working In Partnership



**East Ayrshire's  
Partnership in Practice  
Agreement  
2011-2015**





# With special thanks to:

**Tom Wallace** for his wonderfully creative and original new artwork

**Kimberly Armstrong** for artwork so good we had to use some of it again!

**The individuals, family carers and partner organisations** who continue to make things happen in East Ayrshire



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**Note:** A DVD version of the PIP will be available from the VIPs. For your copy please contact:

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# 1 Introduction

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In previous years the Scottish Government required Local Authorities to produce “Partnership in Practice (PIP) Agreements” detailing the main priorities for services for people with learning disabilities in their area. These were informed by “The Same as You?” (Scottish Executive, 2000) and were 3-year plans, jointly agreed between NHS Ayrshire & Arran, East Ayrshire Council and other key partners. East Ayrshire has produced three such agreements, the last one being “Sharing the Challenge” which ran from 2007-2010.

The Scottish Government has now stated that this is no longer a requirement of Local Authorities. However, East Ayrshire Council and its partners have agreed to produce another Partnership in Practice Agreement to ensure the needs of individuals with learning disabilities and their families continue to be a priority.

This plan will run from 2011-2015 to link more closely with East Ayrshire’s Community Plan. It should be noted that “people with learning disabilities” will be referred to within the PIP as “individuals”.



## **This PIP will concentrate on the following 11 aims:**

- 1.** Individuals and their families need to be involved as equal partners.
- 2.** Individuals need to have more opportunities for further education and lifelong learning.
- 3.** Individuals need to have more social and recreational opportunities and to make more friends.
- 4.** Individuals need to have better chances for paid and voluntary work.
- 5.** Day Centres need to become flexible community resources.
- 6.** Individuals and carers want better health and wellbeing.
- 7.** Individuals and families need to have more flexible respite choices.
- 8.** There need to be better services for people with Autism Spectrum Disorder (ASD).
- 9.** The NHS and Local Authorities should work together with other key partners to look at other models of care and support.
- 10.** All partners need to work together to create welcoming communities.
- 11.** Services need to be able to measure outcomes for individuals and their families.

## **2 How this PIP has been developed**

This will be East Ayrshire's fourth PIP. Its development has involved extensive consultation with service users, family carers, and care providers, as well as the following partner organisations:

- East Ayrshire Independent Advocacy Services
- Kilmarnock College
- NHS Ayrshire & Arran
- Princess Royal Trust for Carers
- VIP Partners

In order to ensure full involvement it was essential to create meaningful and active links with all service user and carer groups. To this end a learning disability specific conference was organised to look at both the development of this PIP and of a service user and carer forum which could continue to lead developments in relation to learning disability services in East Ayrshire.



## 2.1 Day Services Consultation



Another significant part of the PIP development was East Ayrshire's Consultation on Day Services. The report from this entitled "Getting it Right for Everyone" looked at feedback from 15 focus groups across East Ayrshire and over 600 questionnaires.

In addition extensive work was undertaken with the service users and carers accessing Hurlford Resource Centre, due to the need to look at alternative provision for this resource.

These consultations highlighted the following priorities:

- Day Services should be flexible and respond to people's needs
- Day Services should be resources for the whole community
- Individuals and their families should be involved as equal partners
- Services need to be creative and transparent about how money is spent and work collaboratively
- We need to create welcoming communities
- Individuals need to have a chance for paid or voluntary work

## 2.2 Reviewing the previous PIP



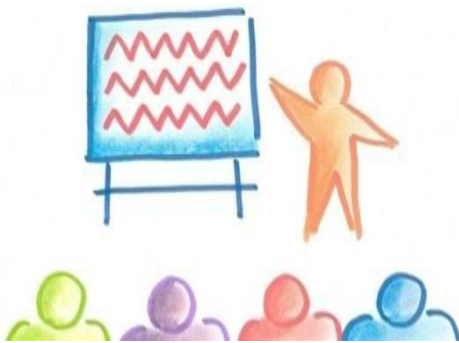
It is clear that some priorities raised in the last PIP require to be carried forward to this one in order to further progress work in those areas. These include:

- Further education/lifelong learning
- Learning Disability Awareness Training
- Development of more social firms/promoting employment
- Respite
- Services for people with ASD
- Progressing the health improvement strategy for learning disability (“We want good health... the same as you”)
- VIPs (Virtual Inclusive Partnerships) has developed considerably since the last PIP. Their aim is to maximise people’s health and wellbeing and encourage people to speak up for themselves. They meet weekly and have a VIP Forum where people are encouraged to come along and raise issues that they have. The VIPs provide various activities including lifelong learning workshops and classes, regular social activities and employment opportunities. VIPs is a company, a social firm and a

charity. They have just secured new premises that will allow expansion into even more social activities and projects.

The core work of the VIPs is in relation to citizen leadership and involves training individuals to become VIP Leaders. The VIP Leaders give presentations, carry out consultations, are themselves consulted with by various organisations and take part in training others to become VIP Leaders.

### **2.3 The PIP and how it links to other plans and strategies**



The PIP's aims are grouped under the 4 themes of the Community Plan:

- Promoting Lifelong Learning
- Delivering Community Regeneration
- Improving Health and Wellbeing
- Improving Community Safety

This PIP will also prioritise groups which are disadvantaged in relation to Health and Wellbeing, and access to services. For example, it has been recognised

that some ethnic minority populations have been disadvantaged due to health issues associated with their race or culture or discrimination towards them as a minority group.

Other influences on the PIP and its implementation will be

- East Ayrshire's Mental Health and Learning Disability Partnership;
- Scottish Index of Multiple Deprivation data;
- Towards a Mentally Flourishing Ayrshire and Arran.

### **East Ayrshire's Mental Health and Learning Disability Partnership**

This contributes to the Community Health Partnership structure by progressing delivery of key objectives associated with mental illness, learning disability and autistic spectrum disorder. One of the partnership's sub groups leads on Learning Disability, where there are 4 key areas of activity:

- Outcome measures - outcomes for people with learning disabilities and their family carers and how these are measured.

- Progressing the priorities within the Day Services Consultation – “Getting it Right for Everyone - Having a real say in learning disability day services in East Ayrshire”.
- The Health Improvement Strategy – “We want good health....the same as you - A strategy to improve the health of children with learning difficulties and adults with a learning disability” (2009-2014 ).
- The Integrated Resource Framework (IRF) – The IRF aims to explore the barriers to and opportunities for closer working between health and local authority. Four different client groups are being looked at, one of which is people with complex needs associated with learning disabilities or mental health problems in East Ayrshire.

### **The Scottish Index of Multiple Deprivation (SIMD 09)**



This is the Scottish Government’s tool for identifying concentrations of multiple deprivation across Scotland. Local consideration of the SIMD has highlighted the need for this data to inform strategy and service planning.

## **Towards A Mentally Flourishing Ayrshire and Arran**

This is the local strategy aimed at promoting the mental wellbeing of people in Ayrshire and Arran. Within this document there are 4 areas for further development:

- Include people with learning disabilities and their carers in the development of Green Exercise Projects (gardening as a form of exercise)
- Explore the feasibility of piloting mental wellbeing indicators for people with learning disabilities
- Deliver Wellness Recovery Action Planning (WRAP) training courses for carers of children and adults with a learning disability/difficulties
- Work in partnership with groups such as the VIPs to develop and pilot resources/training to improve mental wellbeing of adults with a learning disability

The aims of the above 3 areas of work have much in common with those of this PIP. It is hoped that progress in relation to these will have benefits for the delivery of the PIP. Equally, pursuing the PIP's aims will in turn support aspects of these other work-streams.

### **3 Promoting Lifelong Learning**

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The priorities and outcomes for this Community Planning theme are:

#### **STRATEGIC PRIORITIES**

- Improving educational/skills attainment and achievement, and ensuring our young people are properly prepared for the world of work
- Increasing the capacity of the local workforce

#### **LOCAL OUTCOMES**

- Literacy and numeracy skills for children, young people and adults improved
- Positive and sustained destinations for learners improved
- Community capacity, spirit and cohesion developed



## **East Ayrshire Partners already do some things well:**

- Advocacy staff enhance individuals' participation through supporting them to find out information and make informed choices
- Individuals are represented on the Disability Forum
- Carers access a range of training opportunities
- Advocacy staff support individuals to be active members of the social firm "Merge"
- Leisure & Development offer a range of sports and leisure activities
- The Community Health Improvement Project (CHIP) continues to provide information and advice
- Community Learning and Development (CLAD) provide classes/courses in local communities
- Local colleges offer access to continued education
- There are fortnightly and monthly support groups for carers throughout East Ayrshire, within which there is an opportunity to share their experiences
- The Carers Centre provides respite to allow carers to attend organised activities and training
- Local Area Coordinators run a variety of social/community groups

## Good Practice Example: VIPs

VIPs undertake a variety of activities designed to increase skills and provide social opportunities. One such activity is Words and Numbers: this is a class designed to help individuals with numeracy and literacy. Learning opportunities are presented in an enjoyable format, tailored to the needs of the individual. The VIPs also train individuals in Citizen Leadership and self advocacy. VIPs hold a disco at the end of every month, either in Hurlford or Crookedholm Community Centre. The VIPS also run a café on a Saturday morning at the Gateway Community Centre in Kilmarnock, and at Mauchline Community Centre. The café has become the regular meeting place for about 60 individuals. For more details see [www.vippartners.org.uk](http://www.vippartners.org.uk)



## Good Practice Example: MERGE



MERGE have been very busy with various activities, such as delivering training to Glasgow City Council and Crosshouse Hospital. They have also filmed three information DVDs: one of the DVDs is aimed at children; the second DVD was a marketing DVD and will be used to promote MERGE; the third DVD was set in a disco. MERGE members have also undertaken some training including Becoming a Charity, Committee Skills, Presentations and Learning Plans, Public Speaking and Marketing & Promotion. They also undertook a sponsored cycle in Millport in July, which was a fun and enjoyable day, and raised a lot of money for MERGE. For more information see [www.mergetraining.co.uk](http://www.mergetraining.co.uk).

## Good Practice Example: i-Dance

Run in partnership with Arts and Museums, CLAD, staff from the 3 Resource Centres and professional dance tutors, this group of individuals meet weekly at the Palace Theatre to learn how to express themselves through dance, as well as developing their numeracy and literacy skills.



## Good Practice Example: The CHIP Van

The Community Health Improvement Partnership team based within Leisure Development support individuals to make positive health behaviour changes. Support is available on board the **CHIP van** during its regular programme of visits around East Ayrshire's villages and local communities. The van offers the opportunity to have

a health MOT, receive advice on how to be more active, eat a healthy diet and stop smoking and provides information on local services. Many of the changes made by individuals include becoming more active through attending one of our **CATCH** walking groups or locally based **exercise classes**.



**But...**

**You told us that:**

**! Individuals and their families need to be involved as equal partners.**



**What we need to do is:**

- Promote involvement of individuals and family carers in decision making at all levels
- Encourage family carers to realise their own potential, through appropriate training courses
- Be transparent about what resources are available and how these are allocated

**How we will do this:**

- Raise awareness of individual/self advocacy services
- Ensure individuals and carers are involved in presenting their views at forums, conferences and training related to learning disability issues
- Raise awareness of Carers' Centre services
- Encourage individuals to access Independent Advocacy Services to enable them to be more involved in community activities
- Develop further self advocacy groups
- Development of Family Carers Action Forum - Keeping Included (KIN) "Open House Forum"
- Through maintaining and building on the current involvement in service planning of the Carers Forum
- Develop a Resource Allocation System (RAS)

**! There need to be more opportunities for further education and lifelong learning.**



### **What we need to do is:**

- Encourage learning through social/recreational opportunities
- Ensure learning is fun and available in a range of localities and on topics highlighted by individuals themselves
- Assist individuals who qualify to apply for Individual Learning Accounts (ILAs) to help with the cost of outreach courses
- In consultation with individuals within Day Services, develop an individual “learning profile” to identify learning aims/goals
- Raise awareness of the choices available through further education and lifelong learning

## **How we will do this:**

- Provide a menu of learning activities accessible in each local area through the East Ayrshire Council Web-site and partner organisations
- Develop a drop-in resource as part of the new day service provision
- Enlist the services of retired professionals/specialists as volunteers through contact with Opportunities In Retirement and the Volunteer Centre, to teach new skills based activities and hobbies/interests to groups
- Evaluate the impact of participation in lifelong learning opportunities through the use of outcome measures.
- Improve support to attend classes
- Ensure ILAs are applied for as a routine part of an individual's support plan
- Ensure service providers support individuals to access lifelong learning through review and monitoring of service contracts
- Provide a range of numeracy and literacy learning opportunities through VIP classes, CLAD, local colleges and other partners

- ! You want more social and recreational opportunities and to make more friends.**



### **What we need to do is:**

- Work in partnership with other departments and organisations to develop more activities in local communities
- Provide opportunities for individuals to develop their communication/social skills
- Improve transport systems to enable people to meet and access activities
- Provide more choices of adult social venues

### **How we will do this:**

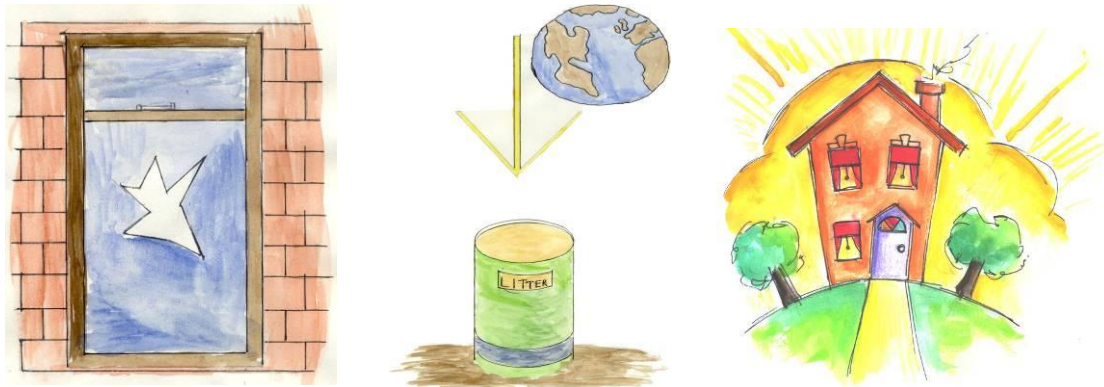
- Social groups and clubs provided via the VIPs and other partners

- Through the work of the Local Area Co-ordinators
- Drop in resources – VIP Hut, Day Services
- Through involving various partners within East Ayrshire Council: Community Learning And Development (CLAD); Leisure & Development; Arts & Museums
- Encouraging independent and public sector care providers to work with communities to develop natural supports for individuals
- Fortnightly Carers Support Group with various presentations/activities
- Carers drop in resource
- Review current transport arrangements
- Develop a local version of "Dates and Mates"



## 4 Delivering Community Regeneration

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The priorities and outcomes for this Community Planning theme are:

### **STRATEGIC PRIORITIES**

- Increasing the capacity of the local workforce and ensuring our young people are properly prepared for the world of work
- Promoting economic and community regeneration, and protecting and sustaining our environment

### **LOCAL OUTCOMES**

- Our town centres and villages sustainably regenerated
- Local economy improved
- Skills development and employability improved

- Leisure, culture and tourism potential promoted and developed
- Connectivity and local transport solutions improved
- Sustainable and affordable housing solutions delivered
- The natural environment protected, conserved and enhanced, and the negative effects of climate change mitigated



**East Ayrshire Partners already do some things well:**

- The work of the Local Area Co-ordinators
- The Carers Centres provides information, advice and support, as well as access to a Benefits Officer
- Citizens Advice
- Recycling Project – Riverside Centre, Cumnock
- Advocacy
- Greening the Estate (EACH & Riverside Centre)
- Supported employment opportunities
- Recycling paper, mobile phones & printer cartridges – Carers Centre

- Advocacy staff support individuals to find information about employment, volunteering and benefits
- Individuals volunteer within the Carers Centre and are involved in activities such as folding, packing and preparing the newsletters for mailing
- VIPs are renovating/refurbishing “The Hut” at St Marnock’s Place, Kilmarnock as a VIP base
- VIPs offer employability training to 8 individuals at the Saturday morning Café at The Gateway

## Good practice example: Buns ‘R’ Us

In 2005 a group was developed within Riverside Centre, initially concentrating on baking. However, the baking is only a bi-product of the group. The



emphasis is on inclusion, fun and learning in a new and productive way. Over the past 6 years the BUNS ‘R’ US group have raised £8,840.33 for MacMillan Cancer Care. They are currently working towards becoming a social firm, offering employment opportunities to individuals.

## **Good practice example: Balmoral Road Resource Centre Garden Projects**

Balmoral Road Centre is involved in two very different garden projects. Heal the Earth at the walled garden in Dean Castle, Kilmarnock and Galston Community Project.

### **Heal the Earth**

Heal the Earth has an ecological focus, where service users have their own plot where they grow vegetables from seed, cultivate and nurture them to fruition. Leeks, carrots, turnips, and pumpkins to name but a few have been harvested and given to kitchen staff to make soups and pasta dishes. Some vegetables were also taken home by the service users to give to their families.

### **Galston Gardening Project**

The Galston project focuses on helping to improve the local environment by planting and tending the bushes and flowers in the community plots. This allows service users to participate within the community and also be part of its progress.

**But...**

**You told us that:**

**! We need better chances for paid and voluntary work.**



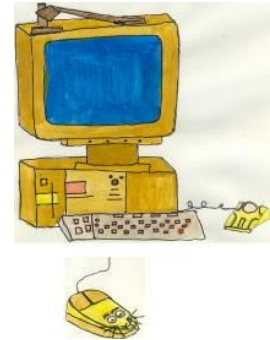
**What we need to do is:**

- Pay people appropriately for work done
- Raise awareness of how social enterprises can offer employment opportunities, and increase the opportunities for individuals to become members of social enterprises
- Increase the opportunities for individuals to get work experience that can train/prepare them for employment
- Support individuals to access information about employment and volunteering

**How we will do this:**

- Learn from examples of good practice elsewhere in Scotland
- Support existing social firms and the development of new ones
- Through East Ayrshire Independent Advocacy Services and other services, ensure individuals have the right information to make informed choices e.g. about employment
- VIP Hut will be offering further employment opportunities

# ! Day Centres need to become flexible community resources.



## What we need to do is:

- Work in partnership with Leisure & Development, Community Learning & Development, Colleges, Employability and other care providers to provide a more joined up menu of activities for individuals/groups to access
- Continue to consult with individuals and carers to develop appropriate resources



## **How we will do this:**

- Involve relevant community partners to develop a varied programme of activities publicised through a variety of accessible means
- Ensure individuals and carers have a range of opportunities to become involved in the development of appropriate resources

## 5 Improving Health and Wellbeing

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The priority and outcomes for this Community Planning theme are:

### **STRATEGIC PRIORITIES**

- Improving physical and mental health, wellbeing and care, and reducing health inequalities

### **LOCAL OUTCOMES**

- Active, healthy lifestyles and positive behaviour change promoted
- Alcohol and drug related harm reduced
- Impact of multiple deprivation and poverty on the health and wellbeing of the most vulnerable individuals and communities addressed

- Older people, vulnerable adults and their carers supported, included and empowered to live the healthiest life possible
- Children and young people including those in early years and their carers, assisted to be active, healthy, nurtured and included

Health is determined by a number of factors that include both lifestyle and life circumstances. People are more likely to have good health if they eat a healthy diet, do not smoke and stay active. However, good housing, being employed, having enough money and living in a pleasant environment are equally, if not more, important.



### **East Ayrshire Partners already do some things well:**

- Sexual Health Training – A two day course has been provided to staff and family carers and a further training for trainers course is planned for 2011.
- “We Want Good Health... the Same as You” – During the first year of the strategy a variety of health improvement initiatives have been developed, for

example dance and movement, sports opportunities and self management training for carers.

- Ongoing work with regard to developing support to parents with learning disabilities.
- Ongoing work with regards to improving access to cervical screening for women.
- Crosshouse Hospital Day Surgery – Family carers have reported positively on individual care received, the environment and staff's communication skills.
- East Ayrshire Advocacy Service provides advocacy to individuals aged 14 years plus and support individuals to attend GP/hospital appointments.
- East Ayrshire Advocacy Service also provides a dedicated service to senior pupils at Daldorch School, Catrine.
- The NHS has implemented Primary/Acute care Liaison nurses to improve services for people with learning disabilities in those areas.
- Seven members of staff working in health, leisure and the care sector in East Ayrshire took part in a 6-week training programme in skills, knowledge and confidence to run dance and movement classes for individuals and their carers.
- A range of respite opportunities are in place via The Elms, Craig Tara, Lisalanna, and the Carers' Centre.

## **Good Practice example: Open Wide**

This is an East Ayrshire Pilot which has been running since January 2010. Training has been delivered to 7 residential care homes to enable carers to improve the oral health of adults with additional needs.



## **Good practice example: Wellness Recovery Action Planning (WRAP):**

This is a self management training course aimed at providing family carers with tools to help them cope with the emotional impact of caring for a relative or friend. During March/April 2010, WRAP training was piloted with twelve family carers. The response from this course was very positive, and the course has now been rolled out pan-Ayrshire.

## **Good practice example: Mixes and Matches**

### **Football Group:**

With the support of a Local Area Co-ordinator, a group of individuals decided to meet up at the local football park and just have a kick about. This became a weekly event with more individuals asking to take part. The Scottish Football Association and Kilmarnock Football Club also got involved and provided football coaches.

The group was supported to set up a committee to allow funding to be accessed, with most of the young men taking part in decisions. They received funding from the Minerals Trust which paid for football strips, tracksuits and footballs. As one young man said 'I never thought I would ever be wearing a football strip and be in a football team'. Last year the group won the Evening Times Local Hero Award, and received a cheque for £5000, some of which they spent on a day out at Hampden (pictured below).



## Good practice example: Circles of Support



Following a carer being diagnosed with a serious illness, the Princess Royal Trust for Carers helped them to develop means of support which would put them in the driving seat, with responsibility & leadership over their own life. Over time it was found that the carer became more confident about asking questions, making suggestions & taking decisions. In general, they became more in control of their own wellbeing and that of the person they cared for.

**But...**

**You told us that:**

## **! You want better health and wellbeing.**



### **What we need to do is:**

- Educate more care providers and family carers in Dental/Oral Health Care
- Ensure individuals have access to good quality Social and Personal Relationships Training
- Ensure individuals are getting the right benefits and receiving good financial advice
- Ensure access to more physical activity and exercise

### **How we will do this:**

- Roll out the Dental Health training and work towards its inclusion in staff induction for service providers
- Roll out “Sexuality, LD and Sex” training to staff, carers and individuals
- Ensure all staff promote the role of the Citizens Advice Bureau and other sources of mainstream financial advice, and highlight their availability on East Ayrshire Council’s web-site
- Continue to encourage individuals to register with the Public Partnership Forum (PPF) to receive health information and be involved in health service developments
- Ensure physical activities are fun

## ! You want more flexible respite choices.



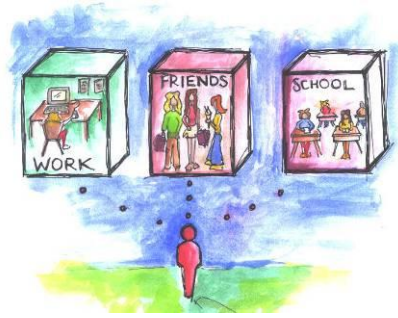
### What we need to do is:

- Produce a Respite Strategy for East Ayrshire
- Implement the National Carers Strategy “Caring Together”
- Resume East Ayrshire’s Respite Development Group

### How we will do this:

- Via the Community Health Partnership (CHP) Forum, Carers Sub Group and with the involvement of individuals, develop a local action plan to implement the National Carers Strategy
- Progress “Take a Break” respite at the VIP Hut
- Provide respite opportunities for carers at Carlogie House, Carnoustie and Dalmellington House, Dalmellington
- Re-establish the Respite Development Group

## **! You want better services for people with ASD.**



### **What we need to do is:**

- Strive to ensure that the needs of individuals with ASD are met
- Monitor progress of the Autism Strategy via Scottish Government
- Further develop Autism specific services locally

### **How we will do this:**

The ASD sub group of the East Ayrshire Mental Health and Learning Disability Partnership has identified 5 target outcomes which encompass the above aims:

- A full and accurate diagnosis is delivered within reasonable timescales and links to needs assessment and support
- Assessments that take account of the particular needs of adults with autism
- Access to specialist supports where appropriate
- Effective transition between child and adult services
- Improved access to education, training and employment opportunities for people with ASD

**! The NHS and Local Authorities should work together with other key partners to look at other models of care and support.**



### **What we need to do is:**

- Ensure services and organisations work together to deliver more efficient support to individuals
- Identify gaps in services through the work of the IRF project
- Ensure individuals and carers are consulted when models of care and support are being considered

### **How we will do this:**

- Implement the recommendations from the IRF project
- Promote the Personalisation agenda and the use of individualised supports throughout East Ayrshire e.g. the use of Individualised Budgets
- Ensure a range of options is available to support individuals', groups' and carer's involvement and participation in consultations
- Support individuals to be involved in developing models of care and support

## 6 Improving Community Safety

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The priority and outcomes for this Community Planning theme are:

### **STRATEGIC PRIORITY**

- Improving community safety in neighbourhoods and homes, and protecting our most vulnerable individuals and families

### **LOCAL OUTCOMES**

- Crime and anti-social behaviour tackled, and the fear of crime and anti-social behaviour reduced
- Preventative and diversionary activity delivered
- Community safety in neighbourhoods and homes improved
- Protection of children and the safety of vulnerable adults, individuals and families promoted

The added vulnerability of people with learning disabilities and autistic spectrum disorders requires extra vigilance with respect to protection from all forms of abuse.



## **East Ayrshire Partners already do some things well:**

- An Adult Support and Protection Team has been established to provide support and training for all
- Joint working between agencies e.g. Police, Social Work and the NHS in relation to Adult Support and Protection
- VIPs are undertaking a project to look at people's experiences of bullying & harassment
- Providing training in relation to vulnerability issues e.g. staying safe within relationships



## **Good practice example: Keeping safe, Keeping Well**

This is a 2-year project, run by the VIPs and developed in collaboration with community partners, to compile a catalogue of materials designed to improve the health and wellbeing of individuals. There are 12 topics covered including Safety at Home, Relationships, Lifelong Learning, and Getting a Job. These topics comprise the core work of the VIP Leaders in Citizen Leadership for the immediate future.

**But...**

**You told us that:**

## **We need to create welcoming communities.**

### **What we need to do is:**

- Ensure local communities are more aware of the issues facing individuals
- Ensure all individuals living independently have appropriate home security e.g. door chains, door viewers etc
- Highlight the need for street lighting to be in good repair
- Enable individuals to take part in activities in their local community
- Promote safety while avoiding becoming more risk averse
- Explore innovative ways of making sure people are safe within their own homes

### **How we will do this:**

- Train staff in building links in local communities
- Pilot a test site for the promotion of community inclusion
- LD Awareness Training via the Community Learning Disability Team (CLDT) and MERGE
- IT Safety Training to ensure individuals using social networking sites are protected from abuse

- Continue to implement the new Adult Support & Protection Procedures where appropriate and advertise these procedures widely to ensure protection is everyone's business
- Encourage and support individuals to complain when treated unfavourably
- Improve customer relations with transport companies
- Create better links with the Community Safety Group to ensure issues for individuals are highlighted
- Support cultural change by raising awareness of individuals' rights
- Promote the uptake of telecare/telehealth technologies



**! We need to be able to measure outcomes for individuals and their family carers.**



### **What we need to do is:**

- Agree how the outcome measures provided by the Scottish Government for people with Learning Disabilities and family carers are implemented in East Ayrshire and included in the Single Shared Assessment (SSA) process
- Develop individual learning profiles to identify aims and goals which are measurable

### **How we will do this:**

- Use the Open House Forum and Carer Groups to consult with individuals and carers
- Collate information on outcomes via the new SSA paperwork, and use this to inform how services develop

- Work in partnership with individuals, carers and providers to develop individual learning profiles and measurable outcomes where possible
- Explore other measurement tools/resources around quality of life measures

## 7 Glossary

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ASD	Autism Spectrum Disorder
CHP	Community Health Partnership
CHIP	Community Health Improvement Project
CLAD	Community Learning and Development
CLDT	Community Learning Disability Team
EACH	East Ayrshire Community Hospital
GP	General Practitioner
ICT	Information, Communication Technology
IT	Information Technology
ILA	Individual Learning Account
IRF	Integrated Resource Framework
KIN	Family Carers Action Forum - Keeping Included
LACs	Local Area Coordinators
LD	Learning Disability
PIP	Partnership in Practice
PPF	Public Partnership Forum
RAS	Resource Allocation System
SIMD	Scottish Index of Multiple Deprivation
SSA	Single Shared Assessment
VIPs	Virtual Inclusive Partnership
WRAP	Wellness Recovery Action Plan

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# Living the Dream