



Draft Minutes of East Ayrshire CHP Forum

Monday 28 September 2009 at 2.00pm in Committee Room, Strathlea Resource Centre, Kilmarnock

1. WELCOME AND INTRODUCTIONS

- 1.1 Present** Mrs Rita Miller, Chair
Ms Louise Benson, Allied Health Professionals
Mrs Brenda Emmerson, PPF
Dr Mike Lavender, Public Health
Mrs Nicola Pirie, Area Pharmaceutical Professionals Committee
Mr Archie Pryce, EA North Communities Federation
Mr Ian Smith, Coalfield Communities Federation
Dr William McAlpine, Area Medical Professional Committee
Mr Ronnie Stevenson, Area Optical Professional Committee
Mr Ian Williams, Area Dental Professional Committee
Mrs Susan Wilson, Area Nursing & Midwifery Professional Cttee
Mrs Mandy Yule, Healthcare Director – Integrated Care & Partner Services
- In Attendance** Mrs Joanne Atkinson, IRF Programme Manager
Mr Eddie Fraser, Chair Locality Group Adult
Mrs Kay Gilmour, Chair Locality Group Children
Mrs Jean Hendry, Health Care Manager Improving Balance of Care
Ms Katie Kelly, CHP Facilitator
Ms Lesley Stobo, Prescribing Advisory
Ms Pauline Sharp (Minutes)
- 1.2 Apologies** Mr Jim Crichton, Director of Mental Health Services
Mr Stewart Donnelly, APF
Mrs Liz Moore, Healthcare Director
Dr David Richardson, Chair Officers Locality Group

2. MINUTES OF THE PREVIOUS MEETING

- 2.1** The minutes of the 22 July 2009 meeting were considered an accurate account of events and approved by the Forum.

2.2 **Matters Arising**

2.2.1 Item 11.1 – The new meeting schedule for 2010 would be circulated soon. Members were reminded about the extra meeting planned for 2 December 2010.

2.2.2 All other matters arising were covered on the agenda.

3. **MEDICINES WASTE**

3.1 Ms Stobo of the Medicines Utilisation Unit provided a powerpoint presentation regarding Medicines Waste dispensed to patients from pharmacy and not used either because prescribed in error or having adverse reactions. This is an issue across all Scotland NHS Boards and this piece of work is to look at how NHS Ayrshire & Arran can tackle this.

3.2 The main points she highlighted included:

- Primary Care medicines budget is £75 million with the DOH estimates 10% is unused and destroyed. This equates to approximately £7.5 million across UK.
- How £7.5 million could be invested.
- How can you help? Poster campaign. Wide circulation.
- Public awareness - lay person educating patients – involvement with the PPF.
- Key messages to the public “optimise all treatment” “safety aspects” “medicines return pharmacy cannot be reused”.
- Waste medicines = waste money.
- GP/Community pharmacy systems – link in with their systems and help reduce needs to be robust.
- Summary – everyone needs to work together to reduce medicines waste.

3.3 Ms Stobo asked all member to consider what else could be done or targetted across the NHS or Council? A response is sought from the OLG for Adults and all other members were encouraged if they had any suggestions to contact herself. Members discussed a number of points including:

- Co-creating health and self management – repeat prescribing. Including building in messages into the self management programmes for patients to have greater control over their condition and what impacts on how they engage with Primary Care system.
- Although aware and agreed with the Pharmaceutical Society's response on why unused medicines could not be sent to underdeveloped countries the Forum expressed their frustration and considered in some cases something would be better than

nothing

- Undertaking an audit of what type of drugs returned and by who. This could help the focus of the campaign.
- Impact of free prescriptions - Do people realise how much the drugs cost?
- Trying to reduce the use of Blister packs - issue about responsibility/accountability.

3.4 Ms Stobo advised they were working with GPs improving the repeat dispensing system. The training programme for Home Care Workers was highlighted with over 600 having been trained so far. The Care Workers are being trained in administering medicines for people not able to take their own medicines. Mrs Miller thanked Ms Stobo for the very informative presentation.

4. EAST AYRSHIRE COMMUNITY HOSPITAL

4.1 Mrs Hendry updated the Forum on events since the last meeting on 22 July. A number of staff meetings have been held and a meeting with the Cumnock Chronicle involving all operational directors at which the complexity of the situation was explained providing the paper with a more balanced view. A Stop Press had also been distributed widely to staff on 19 August.

4.2 Currently future inpatient service needs on the site are being looked at. Health economics are doing a very detailed study of current and future health care needs considering a wide range of issues including the local population and deprivation. A key step forward is the number of beds for the future and the structures to support these recommendations. Two services have been identified as having potential and appropriate for EACH. One being community and independent dental services and the second day service in East Ayrshire. Both these are viable options and have the support of the OLGs with a solution being sought to accommodate both.

4.3 A final decision will be taken by December 2009 with both the consultants for Frail Elderly and AMH supporting improvement and change for their services. The importance of ensuring the public understood this was not about cutting services from the elderly but that any resources released from a reduction to inpatient beds will be used to develop other services for the benefit of the local community. EACH to be a hub for a healthy community and providing health promotion to the wider community. The decision on the Dental Services is time limited due to the funding and Mrs Hendry and Mr Fraser to meet at the end of the week to look at options. Mrs Hendry also advised that currently Dental Services are based at the Cumnock Health Centre and if moved from there this space will be utilised by other teams wanting to be based in the centre.

- 4.4 Mr Smith thanked Mrs Hendry for the clarification but wished to see continued improvement in the distribution of information to the local communities. The next meeting of the EA CHP Forum will be held at EACH and members considered it would be advantageous to have a presentation outlining the range of services currently available and proposed services for the future. It was agreed to invite members of the CHP committee and the possibility of inviting local press was discussed.

KK/RM

5. INTEGRATED RESOURCE FRAMEWORK REPORT

- 5.1 Ms Atkinson provided an overview of the paper which was the initial look at the combined NHS Ayrshire & Arran and Local Authority Social Care budgets. It contained for comparison information for East, North and South. She stressed the information was a useful starting point to begin asking questions of what is underlying and sitting behind the actual figures.
- 5.2 The Financial Analysis had gone to the IRF Steering Group in August 2009 and following this it had been agreed further analysis/work would occur on i) on-going work to further analyse the £49m of community spend, ii) review of hospital data by care programme and iii) analysis of GP expenditure/utilisation, mapped and compared to the NRAC (National Resource Allocation Committee) formula. She hopes to be in a position at the beginning of December to take a paper back to the IRF Steering Group on a revised analysis of the £49m.
- 5.3 She further advised NHS Ayrshire & Arran had been successful in becoming a test site, Tayside, Lothian and Highland being the others, for protocols and procedures for shifting resources. Areas of interest which we wish to focus on within the Ayrshire partnerships were identified as:
- East Ayrshire – low volume high cost packages of care.
 - North Ayrshire – children’s services – particularly, intensive care packages.
 - South Ayrshire – older peoples services.
 - Ayrshire & Arran wide – self management (particularly COPD).
- 5.4 The IRF Steering Group endorsed the proposals to have an IRF Stakeholders event on Friday 13 November which will be held in Gales Lodge with a draft programme going to Steering Group that Thursday. This has been designed with Local Authority input. It was considered the next step would be very much about affordability and sustainability. Ms Atkinson to keep the CHP structure updated on progress made.

6. EAST AYRSHIRE COMMUNITY PLAN – 2008/09 PERFORMANCE REPORT

- 6.1 Ms Kelly provided the Committee with an update advising this paper and the

following paper provided information on partnership work for 2008/09 before the new CHP arrangements. Both papers had gone to the EA CHP Committee.

- 6.2 This report presented the performance information relating to the six thematic Action Plans which the CPP Board have reviewed. Ms Kelly emphasised the Amalgamation of the Improving Health and Eliminating Poverty Action Plans to form an Improving Health and Wellbeing Action Plan with the CHP having the lead responsibility for this. The report provided the opportunity to see the progress made from 2008/09 and that the new CHP arrangements were building on excellent practice.

7. EAST AYRSHIRE SINGLE OUTCOME AGREEMENT – 2008/09 PERFORMANCE REPORT

- 7.1 Ms Kelly outlined the annual performance report on health related outcomes to be included in the East Ayrshire Community Planning Partnership SOA Annual Performance Report 2008/09. Ms Kelly reminded the Forum the SOAs had been agreed before the new CHP arrangement had been established and that since the inception of the new CHP arrangements the scope and content of the SOA had been broadened to reflect our partnership activities.
- 7.2 The submission will go to the East Ayrshire Cabinet on 30 September before being submitted to the Scottish Government.

8. PRIMARY CARE STRATEGY CONSULTATION

- 8.1 Ms Kelly outlined the wide variety of groups, staff and public that have been engaged with including the Communities Federations, EA Council staff, elected members, clinicians, CVO, PPF and seldom heard groups. There had also been a wide distribution via libraries etc and a PDF version being used at local events starting that week.
- 8.2 She advised they are using a template to collate all responses and once this was complete would be submitted to the CHP Committee. Mrs Emmerson advised she would be attending a Primary Care Strategy meeting on 21 October. The Forum wished to have included in the response a section outlining the importance of the Forum taking forward the Primary Care Strategy. Once the CHP Committee had approved the overall response this would be submitted to the Primary Care Team.

9. H1N1 INFLUENZA

- 9.1 Mr Fraser provided a verbal update advising planning across East Ayrshire and Pan Ayrshire continues with the focus on business continuity. Each service is looking at how they would fulfil their role at peak times developing models, joint plans and protocols and links with the

independent sector.

- 9.2 Mrs Yule continued advising the seasonal vaccination programme had just started and the programme for H1N1 vaccination would start with priority groups probably around the end of October. The arrangements with GPs had been finalised allowing planning to be taken forward regarding this programme.

10. EAST AYRSHIRE CHP OFFICER LOCALITY GROUP MINUTES

- 10.1 **Children & Young People draft 9 September minutes** – The Forum noted with interest the discussion on the “Locality Model for CAMHs”.
- 10.2 **Adult & Older people draft 11 September minutes** – noted.

11. PUBLIC PARTNERSHIP FORUM

- 11.1 Mrs Emmerson updated the Forum advising they had been supporting a group from Lanarkshire who currently do not have a PPF. She considered it interesting to compare the difference which in turn highlighted the achievements of the local PPF over the past 2 years.
- 11.2 Mrs Emmerson also advised PPF surgeries had started and there would be one each month. Both North and South PPFs have a dedicated administrator for two and a half days but currently the East PPF do not. This she felt impacted and restricted the work they could accomplish.

12. COMMUNITIES FEDERATIONS

- 12.1 Coalfield Communities Federation - Mr Smith advised they were in the process of moving internally and that they required 4 new staff within their transport section with the purchase of 3 new buses.
- 12.2 EA North Communities Federation – Mr Pryce advised they had recruited 2 new staff one looking after Mental Health and the other Learning Disabilities. This expanded the Federations ability to disseminate information and have feedback.

13. SCHOOL NURSING

- 13.1 Mrs Susan Wilson, the ANMPC representative on the Forum highlighted changes within School Nursing provision which will have a potential negative impact on school children within East Ayrshire for members to consider. East Ayrshire Council have provided short term funding for two 30 hour School Nursing posts. Due to the challenges in the current financial climate this funding was being discontinued. NHS Ayrshire & Arran were currently funding these posts and Ms Angela Cunningham,

Head of Midwifery & Children's Nursing would be holding a meeting on 8 October to review although it was not considered that this would be long term. School Nurses deliver on areas which have been issues for the CHP in the past and with their workload eg HPV and H1N1 will potentially not have the capacity for Health Improvement/Education.

- 13.2 The Forum discussed the huge value of School Nursing but the delivery of this service needs to be looked at with imagination for sustainability. The need to work differently and understand how to improve and not just maintain the service was emphasised. The Forum noted that Mrs Mary McGinn, Associate Nurse Direction, who was responsible for School Nursing in East Ayrshire, was working along with Ms Cunningham to address these issues. Ms Kelly to meet with Mrs Wilson and Ms Cunningham to discuss the impact on EA CHP delivering on their objectives and look at options. KK

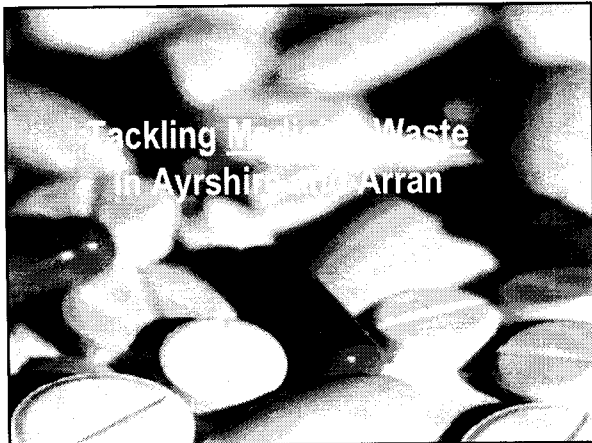
14. ANY OTHER BUSINESS

- 14.1 The Forum joined Mrs Miller in offering their congratulations to Mrs Emerson on receiving the national award "Big Hearted Scotland" for her work as a carer.
- 14.2 The Forum to be updated on the outcome of the consultation on the Carers Action Plan at a future meeting. KK
- 14.3 Mr Fraser advised he would circulate to the Forum the summary and full document on the SWIA Performance Inspection of Social Work Services in East Ayrshire. EF
- 14.4 Ms Kelly advised it had been arranged for the CHP Committee, Forum and sub groups to have access to the Community Planning Portal using a password. The public have access to this portal but by using the password members will be able to pull off papers, see work in progress or areas of interest to the CHP. Ms Kelly to provide members with the password before the next meeting. KK
- 14.5 The new Rosebank Day Centre, Kilmarnock Road was now open 3 years after the close of the former unit. This had been part of the development of Community Services for elderly people and shifting the balance of care.

15. DATE AND TIME OF NEXT MEETING

9.30 am Wednesday 2 December 2009, Community Room, EA Community Hospital, Ayr Road, Cumnock


Signed (Chair) Date.....



NHS
Ayrshire
& Arran

Medicine Waste


- The Ayrshire and Arran (2008/09) Primary Care medicine budget was £75 Million
- Department of Health estimates that ? % of medicines dispensed from a pharmacy are unused and destroyed...



NHS
Ayrshire
& Arran

Medicine Waste

- In 2008/09 the primary care medicine budget in Ayrshire and Arran was £75M
- Department of Health estimates that 10 % of medicines dispensed from a pharmacy are unused and destroyed.
- This equates to approx £7.5 Million of medicine waste in Ayrshire and Arran
- Across the UK this is a vast amount of wasted medicine



NHS
Ayrshire
& Arran

How could £7.5 Million be re-invested in Ayrshire and Arran?

- 260 more nurses (grade 6)

OR


- 900 primary hip replacements

OR

- 500 Coronary by-pass operations

OR


- 300 patients treated with Herceptin for a year



The Plan

NHS
Ayrshire
& Arran

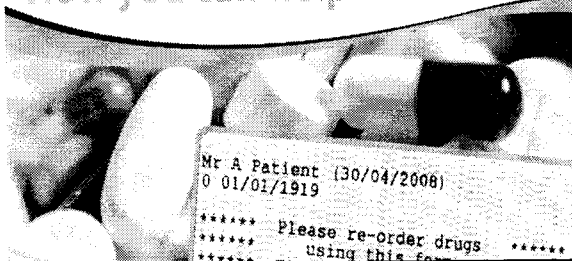
- Medicine Waste to be tackled over 2 years
- Phase 1
 - Publicity campaign (posters patient information leaflet etc.....)
- Phase 2
 - Engage with the public via Road shows with Public Partnership Forum member / self help groups
- Phase 3
 - Engage with GP practices



Wasted medicines

How you can help


NHS
Ayrshire
& Arran



Communication with public

NHS
Ayrshire
& Arran

- Public awareness is essential to tackle medicine waste in Ayrshire and Arran
 - Publicity campaign e.g posters, leaflets
 - Increase awareness with self help groups, nursing homes
 - Road show with a lay person educating patients (instead of another pharmacist, nurse or GP)




Key messages to public



- Optimisation of treatment
- Safety aspects
- Medicines returned to the pharmacy can't be re-used

Wasted Medicines = Wastes Money



GP / community pharmacy systems



- Engagement with GP practice / community pharmacies to ensure robust systems are in place for repeat prescribing and minimising medicine waste
- Timescales - commencing in 2010/11
- Medicines Utilisation Team will work with GP practices and community pharmacies



Evaluation



- Each phase will be evaluated separately
- Overall evaluation will endeavour to show reduction in prescription numbers over 2 years.



Summary



- Department of Health estimate that 10 % of medicines are wasted
- Reducing medicines waste is an ongoing challenge
- Public education is essential
- Everyone needs to work together to tackle medicine waste

