



**Draft Minutes of East Ayrshire CHP Committee meeting  
held on Monday 22 March 2010 at 3.00 pm in Room 1, Council HQ, Kilmarnock**

**1. ATTENDANCE**

**Present** Councillor Drew Filson – Non Executive NHS Board Member - Chair  
Dr Carol Davidson (NHS Ayrshire and Arran)  
Dr Allan Gunning (NHS Ayrshire and Arran)  
Mrs Rita Millar (NHS Ayrshire and Arran)  
Councillor John MacKay (East Ayrshire Council)

**In Attendance** Mrs Amanda Coultard, Assistant Director Policy, Planning & Performance  
Mr Dominic Jarrett, East Ayrshire IRF Project Team  
Ms Jacqui Kerr, East Ayrshire IRF Project Team  
Ms Janette McCreath, East Ayrshire IRF Project Team  
Mrs Cathy Roarty, Lead Public Health Practitioner  
Mr Eddie Fraser, Head of Service, Community Care (East Ayrshire Council)  
Mrs Kay Gilmour (Chair, Locality Group Children, East Ayrshire Council)  
Ms Katie Kelly, East Ayrshire CHP Facilitator

**Apologies** Councillor Elaine Dinwoodie (East Ayrshire Council)  
Councillor Douglas Reid (East Ayrshire Council)  
Mrs Mandy Yule, Health Care Director, Integrated Care and Partner Services (NHS Ayrshire and Arran)

**2. MINUTES OF THE PREVIOUS MEETING + MATTERS ARISING**

2.1 The Committee approved the minutes of the meeting held on 1 February 2010 as an accurate record.

2.2 All matters arising were covered in the agenda.

### **3. INTEGRATED RESOURCE FRAMEWORK – ADULTS WITH COMPLEX CARE NEEDS (EAST AYRSHIRE PROJECT UPDATE)**

3.1 Mr Jarrett, Mrs McCreath and Mrs Kerr provided the Committee with an update on progress made with the IRF on the Adults with Complex Care Needs Project, one of 4 projects within phase 2 of the programme. The IRF is seeking to help shift the balance of care and is fostering closer working between health and local authority to use resources more efficiently and better meet the needs of people. The development work comprises 2 phases 1) Explicit mapping of patient and locality level cost and activity information for health and adult social care, to provide a detailed understanding of existing resource profiles for partnership populations and 2) Protocols that describe agreed and transparent methods to allow resources to flow between partners, following the patient to the care setting that delivers the best outcomes. The project currently is in the very early stages of Phase 2 with the third sector being a key player within this agenda.

3.2 The discussion was opened out to the Committee. Members very much supported the work and considered it important for the CHPs. Areas discussed included:

- The differences in perception as to what constitutes complex - this is being addressed through the mapping exercise.
- The various roles of 3 different providers.
- Working with staff on the ground including focus groups.

3.3 The Committee viewed this as a very positive piece of work with innovation being shown by the team. It was considered encouraging that an exercise which started out analysing resources has produced such an improvement and enthusiasm from those involved. The Committee welcomed updates in the future.

### **4. INTEGRATED RESOURCE FRAMEWORK – CHILDREN WITH COMPLEX NEEDS REPORT**

4.1 Mrs Gilmour provided an update on progress made with the Children with Complex Needs Ayrshire wide IRF led by North Ayrshire but being carried out on a pan Ayrshire basis. She advised this was a more complicated piece of work than the Adult Project with data being collected across 3 Local Authorities with the timescales very tight. The key milestones for the Project were detailed and the importance of the piece of work was highlighted since healthcare patterns established early in people's lives.

4.2 The discussion was opened out to the Committee. Members agreed powerful messages were involved and discussed the role of the Education Department in driving these forward. The Committee considered this an

exciting piece of work and again looked forward to future updates.

## **5. TOWARDS A MENTALLY FLOURISHING AYRSHIRE & ARRAN – REPORT AND PRESENTATION**

5.1 Along with a discussion on the paper Mrs Roarty provided a powerpoint presentation (please see appendix 1 attached) on NHS Ayrshire & Arran's strategy to promote mental health and reduce mental health problems. She advised this strategy had been approved by NHS Ayrshire & Arran Board in October 2009 and was very much focussing on mental wellbeing. The objectives could only be accomplished by working in partnership and building on existing good practice locally.

5.2 Mrs Roarty outlined current actions including the development of draft action plans and an event being held on 25 March to clarify local actions for vulnerable groups. Mrs Roarty also highlighted and explained the Warwick-Edinburgh Mental Wellbeing Scale which included 14 statements that make up a list of indicators people are asked to complete. Members also discussed the link of this work with SIMD and the SOA.

5.3 The EA CHP Committee decided they would through the OLGs agree a set of partnership actions for mental wellbeing and ensure the implementation of the strategy with its Community Planning partners through a presentation to the Joint Officers Group. The Committee noted the content of the report and wished to received and consider progress updates in relation to the implementation of the strategy.

Chairs  
OLGs/  
Lead  
Officers

## **6. NHS AYRSHIRE & ARRAN – CRITICAL ISSUE REVIEW BREASTFEEDING REPORT**

6.1 The paper and appendix (Action Plan) reported from the NHS Infant Feeding Programme Board on intensive approaches being taken to increase breastfeeding rates in Ayrshire & Arran. Dr Davidson highlighted the many factors which influence the decision to breastfeed and the difficulties of improving these rates in light of culture and asked what the CHP structure could contribute to this agenda. She advised she was looking for the Committees support and encouraged all to consider and let her know of any fresh ideas they might have.

All

6.2 Dr Davidson advised a number of new initiatives are being undertaken included 3 new midwives who have been appointed to promote breastfeeding and performance notice boards will be set up. The Committee discussed the wider lifestyle issues and their impact.

## **7. SOA INDICATOR DATA PROVISION FOR EAST AYRSHIRE CHP REPORT**

7.1 Ms Coulthard provided an overview of the way forward for provision of robust, valid, consistent SOA information from NHS Ayrshire & Arran to the 3 Community Planning Partnerships. A single point of contact is being considered.

7.2 The Committee approved the way forward in relation to agreement and sign off of NHS indicators in SOAs and noted the content of the paper.

## **8. LEAD OFFICERS PERFORMANCE REPORT**

8.1 Ms Kelly reported on the exception report from the Lead Officers and highlighted the targets which were likely to be exceeded. Some of the main points she highlighted were:

- The sub structure was developing well
- 2 areas of concern – breastfeeding and promoting positive mental health and wellbeing (suicide prevention) as a result of CATCH walking programme and bibliotherapy initiative ceasing at the end of March
- Many areas of good practice emerging

## **9. H1N1 UPDATE**

9.1 Mr Fraser advised work is still being carried out regarding overall responses to emergency issues and some joint work around emergency planning and major incident reporting with the main focus being on business continuity. There was no longer any need to have this as a standing item.

## **10. EAST AYRSHIRE COMMUNITY HOSPITAL**

10.1 Ms Kelly provided an update advising the discussions on rehab and day care were progressing in partnership and that she would keep the Committee informed of these. Work is also ongoing with the Allied Health Professions regarding a single point of contact. Hospital radio is one area that is being considered through the newly formed local interest group.

## **11. OFFICER LOCALITY GROUP FOR CHILDREN AND YOUNG PEOPLE – 26 JANUARY DRAFT MINUTES**

11.1 Mrs Gilmour provided an overview of the OLG discussions which included:

- Getting it Right of Every Child (GIRFEC).
- GIRFEC/Integrated Assessment Framework.

- Organising annual seminar for children services.
- Ayrshire Advocacy Review.
- Review of Children with Disabilities.
- East Ayrshire Violence Against Women Multi Agency Partnership.
- Very successful Child Protection Inspection.

## **12. OFFICER LOCALITY GROUP FOR ADULTS AND OLDER PEOPLE – DRAFT 27 JANUARY MINUTES**

12.1 Mr Fraser advised he considered the group were working very well having passed the forming stage. As an example he advised Mrs Kerry Cassidy had raised issues around duplication in OT services for discussion and suggestions on ways forward. Other areas discussed at the recent meeting included:

- Work, Health and Wellbeing – presentation by Ruth Slessor on supporting people back to work.
- Options for Future Use of EACH,
- Falls Prevention and Management Progress Report.
- Ayrshire Advocacy Review.
- Mentally Flourishing Scotland.
- Joint Equipment Service.
- East Ayrshire Violence Against Women Partnership.

12.2 Members of the Committee welcomed the increasingly strengthening relationship between the OLGs and the Committee and were encouraged by the streams of work being addressed. They wished to, as a Committee, increase the discussions and decision making on the more substantial issues coming from the OLGs and provide increased support. Ms Kelly advised a paper on Rehab would be coming to a future Committee meeting for approval and that this was an example of the type of work that was being discussed. The Committee also took note of the current National Review of CHPs which would help inform the local CHP structure and promote ongoing development.

## **13. EAST AYRSHIRE CHP FORUM – DRAFT 10 FEBRUARY MINUTES**

13.1 Mrs Miller provided an overview of the discussions at the previous Forum. This included:

- Involving and engaging young people in promoting the work of the CHP Forum – Dialogue Youth.
- Medication Management Training Service for Community Carers – finalists in the Ayrshire Achieves.
- East Ayrshire Carers Action Plan – seeking representative for the

Forum.

- East Ayrshire Carers Action Plan Update – Ms Kelly meeting with Mr Andrew Moore, Assistant Director of Nursing (PF&PI) to look at the model used for the North Ayrshire Hospital.
- Building increasingly strong relationships with the Forum and the community representatives.

#### **14. ANY OTHER BUSINESS**

14.1 The presentation given to the NHS Board on 10 February by the 3 CHP Facilitators had been very well received. Dr Hatton, Chief Executive NHS Ayrshire & Arran had requested the CHP structures produce an Annual Report which will link into performance reporting. A similar presentation will be provided in the near future to East Ayrshire Council and the Community Planning Board.

Councillor Filson thanked Ms Kelly on behalf of himself and the CHP Committee for all her hard work over the past year.

Mr Greig Bryce of Sunnyside Children's House was also congratulated on being awarded Scotland's Residential Worker of the Year by the British Association of Social Workers.

#### **15. DATE AND TIME OF THE NEXT MEETING**

**Monday 17 May 2010 at 3 pm, Community Room, EA Community Hospital, Cumnock**

Chair ..... Date .....

## Towards a Mentally Flourishing Ayrshire & Arran

Promoting mental health/preventing mental illness

### Towards a Mentally Flourishing Ayrshire & Arran: concepts and definitions

- There is a difference between 'mental health' and 'mental illness'
- Mental health is more than the absence of clinically defined mental illness
- Mental 'health' can be measured, and is often termed 'mental wellbeing'
- Mental Wellbeing has a number of components – emotional, social and psychological

### Mental wellbeing components

#### Emotional

- life satisfaction, positive affect

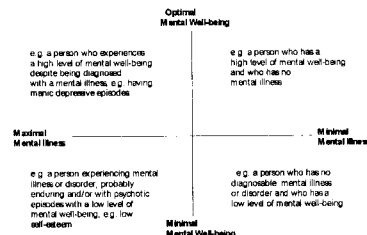
#### Social

- integration, acceptance and tolerance, coherence

#### Psychological

- acceptance, positive relationships, mastery, autonomy, personal growth, purpose

### A model of mental health



### Towards a Mentally Flourishing Ayrshire & Arran

#### Action to:

- Protect and promote the mental well-being of the whole population
- Prevent mental illness– i.e. reducing risk factors for mental illness and increasing protective factors, especially for those already vulnerable
- Improve the quality of life of those people experiencing mental health problems
- Approved by NHS Board, October 2009

### Towards a Mentally Flourishing Ayrshire & Arran - underlying principles

- It is based on good and developing evidence of what works
- It recognises that effective links need to be made across a range of issues and with a range of partners
- There is a lot of good local work to build on
- We need to develop the capacity of all of us
- We need to involve people in this process



## Towards a Mentally Flourishing Ayrshire & Arran - 7 sections

### Section 1 – Universal approaches

General approach to population mental health and well-being defined

### Section 2 – Targeted support

Addressing specific vulnerable groups and providing specific support e.g. early intervention

### Section 3 – the NHS response

Services outwith the mental health services: maternity, primary care, care of the elderly, accident & emergency, long term conditions

### Section 4- Capacity building

Mental health literacy for all: staff, public, patients and raised awareness for the wider workforce



## Towards a Mentally Flourishing Ayrshire & Arran - 7 sections

### Section 5 – stigma

work to address stigma at all levels and with specific groups

### Section 6 – user involvement

Being involved is inherently mentally health promoting and brings benefits to all, both services and users

### Section 7 – monitoring & evaluation

How will we know we are making a difference?



## What now?

- Draft action plans being developed
- Wide range of actions relevant across Community Planning partnerships
- Event on 25<sup>th</sup> March to clarify local actions for vulnerable groups
- Will identify wide range of local activity that already contributes to this agenda and aligns with Single Outcome Agreements

## What now (contd)

- Some specific actions for particular groups or agencies e.g. Officer Locality Groups of CHPs or NHS Primary Care services
- Specific actions being targeted towards Infant Mental health
- Indicators selected for local use and which support the “at a glance” performance management process