



**East Ayrshire CHP  
Interim Performance Report for  
Sub Group Chairs**



**This proforma should be completed by lead officers in order to report exceptions to the achievement of planned outputs, highlight good performance and manage risk by planning remedial action or improvement activities.**

**Improving Health & Wellbeing**

**July – September 2010**

**CHP Committee**

**22 November 2010**

**1. Detail any significant progress which you would wish to highlight  
(Refer to relevant aim, action or indicator)**

**FINANCIAL INCLUSION**

**Action 4.1**

Cumnock and Doon Valley Credit Union have now employed a part time Development Worker for their Outreach Project, which is being funded by the Coalfields Regeneration Trust. The worker has been liaising with local agencies with a view to identifying locations and volunteers to run new collection points.

**Action 4.6**

A Community Outreach Project entitled *Work for You*, is now underway in the N W Kilmarnock area. The Project is being delivered by local Jobcentre Plus staff, working in partnership with staff of the Council and other key agencies and organisations, in order to tackle worklessness for households or individuals.

The aim of the Project is to help people move toward work and to ensure that people commencing work get the right support during the early weeks and months of their employment.

The Project has received 150 referrals so far and 10 people have been helped to secure full time employment.

**Action 4.7**

In the context of providing services to older people, the Joint Team expects to achieve all of its Projected Outputs. During the period April to September 2010, 470 people were contacted and assisted,

258 have benefited financially and 62 were referred for additional services. Additional benefits with an annual value of over £828,000 have been generated during this period.

## **OLDER PEOPLE**

### **Action Point 3.1**

From September 2010, electronic Single Shared Assessments now in place including outcome focused care plans. This will allow the partnership to collate statistical information in relation to Community Care outcomes.

### **Action Point 3.2**

Target of zero delayed discharges and zero patients in short stay beds have been sustained throughout this reporting period.

OT/Care manager now in post in respect of the community based intermediate care pathway.

Number and percentage of assessments started in the reporting period which were completed within 6 weeks of referral date continues to increase and partnership on course to achieve 5% increase target.

### **Action Point 3.3**

Increased respite provision target already achieved.

Number of new carers registered and receiving ongoing support already achieved.

### **Action Point 3.5 – Identify Those at Risk**

Homecare managers now work in a flexible shift pattern over 7 days increasing support and availability to service users and carers.

Work ongoing in respect of enhancing telecare and telehealth care services within the partnership area.

Working group being established regarding the introduction of a fraud prevention, “positive steps” to target either specific GP practices or supported accommodation units.

The commencement of a six month community rehabilitation and enablement pilot at EACH will enable increased access through a single point of contact to a multi-disciplinary/multi-agency team will help the early identification of people at risk of hospital admission.

### **Action Point 3.7**

The number of intensive homecare packages has decreased in line with the reablement approach now being adopted within health and social care services in East Ayrshire. The relevance of this target requires to be considered in terms of future reporting.

## **GETTING IT RIGHT FOR EVERY CHILD**

- In September 2010 the final phase of training for the Integrated Assessment Framework was completed bringing about the full implementation of the framework within East Ayrshire.
- A total of 455 staff from health (including midwives, health visitors and school nurses), education, social services, support agencies and voluntary organisations have now been trained. With full implementation in place existing assessment processes have been replaced with the Integrated Assessment Framework. These include:
  - Child Protection Investigations
  - Child Protection Case Conferences
  - Social Background Reports
  - Initial Assessment Reports
  - Looked After and Accommodated Reviews
  - Community Assessment Team Meetings
  - Community Assessment Team meetings (Additional Support for Learning)
  - Section 23 Reports – for children and young people with disabilities
  - 0-3 Assessments for children under 3 years who had severe and/or complex additional support needs

## **REHABILITATION AND ENABLMENT**

Process has been developed to identify repeat fallers through Risk Management Centre. These individuals are being discussed as part of the MDT SPOC meeting at EACH.

SPOC has been established at EACH since 30<sup>th</sup> August, this involves access to MDT of health and social care professionals. The team are currently taking referrals from Cumnock, Catrine and Mauchline GP practices. The team have had 10 referrals to this point. Monitoring and evaluation processes are in place

## **IMPROVING HEALTH AND WELLBEING**

Action 1.2 Provide tobacco information, prevention and cessation support services for young people and adults and promote the benefits of a tobacco free lifestyle

A Smoke Free Homes and Cars Initiative developed in partnership with Strathclyde Fire and Rescue.

### **Action 1.3: Completion rates for child healthy weight intervention**

#### **HEAT Target**

The overall target for HEAT 3 (Children completing a Child Healthy Weight Intervention) has been reduced from 13.5% to 4% nationally. This means that in Ayrshire & Arran the target has been reduced from 1419 children to 420 with an East Ayrshire target of 140 children completing the programme by end March 2011. 89 children in total within East Ayrshire have completed Jumpstart and MEND programmes.

Since July 10

- 1 JumpStart programme was completed in Kilmarnock (8 – 15 year olds) in July
- 1 JumpStart programme was completed in Dalmellington (5 – 12 year olds) in July
- 3 JumpStart Choices programmes were completed (1 hour sessions each week over 5 weeks) N.B Drongan sessions took place twice a week). These took place in Drongan, Patna and New Cumnock over the summer holidays.
- 1 JumpStart Library sessions (1 hour each week for 5 weeks) Drongan Programmes started in September in East Ayrshire include
- One 5 – 7 year old JumpStart programme in Kilmarnock (10 children)
- One programme in partnership with the E.A.S.T (social work) running in Cumnock (six 12 – 15 year old girls)
- 2 JumpStart Choices programmes planned with Barshare and Greenmill primary schools (October)

### **Action 1.3: Completion rates for child healthy weight intervention**

#### **Projected Output**

- Child healthy weight 'Jumpstart' programmes delivered in a minimum of 6 locations

#### **Progress**

The projected output has been met programmes have ran in the following areas as of April 2010 - Kilmarnock, Drongan x 2, Dalmellington, New Cumnock, Patna

Further programmes will run in Kilmarnock, Cumnock and Dalmellington by March 2011

### **Action 2.5: Target oral health interventions and programmes at those children and families in the most deprived populations**

#### **The Childsmile Programme**

##### **The Childsmile Core Programme –**

oral health packs and Tommee Tippee cups continue to be distributed to all babies before their first birthday by HV/PHN. All 3 and 4 year old nursery children are participating in the *Childsmile* Toothbrushing Programme.

Most children in P1 and P2 classes in identified primary schools are participating in the Toothbrushing Programme (1 exception – **cause for concern** but currently under discussion).

The *Childsmile* Nursery/School Programme (fluoride varnish application) continues to be implemented to identified Nursery and Primary school children/pupils (HEAT 9 target).

**The Childsmile Practice Programme** – there are 8 *Childsmile* Practices in East Ayrshire and the *Childsmile* Practice Programme is delivered by the Salaried and Community Dental Services in at North West Area Centre, Kilmarnock and Cumnock Health Centre.

## **MENTAL HEALTH AND LEARNING DISABILITIES PARTNERSHIP**

**PIP 2010 – 2013**\_Final draft almost complete with view to report by end of year.

**Day Services – “Making it Happen” Group**\_Site for new build being finalised.

**Service User/Carer Networks**\_ Discussions with partners are underway following a consultation day in June to develop a forum (LD specific) for service users/carers to meet regularly with other partners/professionals to share information and ensure a regular consultation process.  
**(Aim 3 Actions 3.1,3.3,3.6)**

### **CHOOSE LIFE/SUICIDE PREVENTION**

Draft action plan now in place outlining a range of initiatives.  
**(Aim 1 Actions 1.7,1.8)**

### **Mental Health**

**Smoking Cessation** – One member of staff trained and has introduced into practice

**Promoting use of ‘Read Well’ books on Prescription** – All services have received posters and leaflets describing service and how it can be used  
People will be able to exercise choice on self help material that will improve mental wellbeing.

**Provide suitable accommodation options for people with severe and enduring mental health** – Planning document developed and discussions with potential partners underway.

**Improve access to Psychological therapies by increasing range of options –**

Patients and referrers have a range of choices from individual to group work and opportunity to access self help material or talking therapies

**Alcohol reduction and Drug Prevention** - Brief intervention training provided to staff and harm reduction programmes in place

**Health Promotion in HMP**- Health Promotion days established, prisoners given information that will contribute to improved mental health and reduce mental distress

**Advanced Statements and Named Person** – Progressing the re-launch of information, and improving data capture of those offered.

## **ALCOHOL AND DRUGS PARTNERSHIP**

### **1.5**

**Promote awareness of safer alcohol levels and provide information and services across all population groups.**

Successful Implementation of interactive and engaging resources on substance misuse aligned to the experiences and outcomes in Curriculum for Excellence. This will ensure up to date, consistent and relevant information on substance use and misuse is reaching our young people in all secondary schools.

Implemented planning lessons on substance misuse with key professionals to support the delivery of alcohol and drug awareness lessons in schools ensuring a multiagency approach.

Development of resource on alcohol awareness for primary school pupils called The Pennycross Ponies. This resource is currently in draft but should be ready to pilot in January. Implementation of basic alcohol and drug continuing professional development (CPD) sessions for staff in schools and other educational establishments. A pilot session has been arranged in January 2011 with staff from Doon Learning Partnership (early, primary and secondary staff).

Match Fit and Dance Fit Health and Wellbeing programmes, which target the most vulnerable in our secondary schools have been rolled out to all nine schools. Seven schools have now participated in Match Fit and five schools have experienced Dance Fit. Both programmes have proved extremely successful and popular and have made a definite impact on our young people. More young people are now engaging in extra-curricular activities as a result.

East Ayrshire Children and Young Peoples Alcohol Project (social norms) led by ADP Support Team and Public Health staff within Auchinleck Academy has completed the intervention phase and follow up data has been collected and analysed. Support was also provided from Avonlea youth group and Strathclyde Police. The evaluation of the project has shown that regular excessive drinking was not the norm among S2 pupils, and that they generally held positive attitudes with regard to alcohol. A presentation on this is being made available to the Alcohol and Drug Partnership.

Organised and supported Alcohol Awareness Week 9 October 4-10 within East Ayrshire.

#### **1.6**

**Raise awareness of risks associated with drugs misuse and provide information and services to support those misusing illegal drugs.**

Ongoing consultation with all relevant stakeholders and communities on the development of the Alcohol and Drug Action plan is taking place with significant progress to date that will inform the future delivery of East Ayrshire's recovery strategy due for completion March 2011.

Short life working group has been convened to progress work on developing a Recovery Orientated System of Care for people with alcohol and /or drug problems in Ayrshire and Arran. This group is due to report in December 2010.

**2. Detail actions where the working group has concerns over meeting targets  
(Refer to relevant aim, action or indicator)**

**IMPROVING HEALTH AND WELLBEING**

**Action 1.3 Completion rates for child healthy weight intervention**

Initial concerns relating to attainment of Heat H3 target due to the need to recruit higher numbers to a Child Healthy Weight programme.

**Action 1.2 Provide tobacco information, prevention and cessation support services for young people and adults and promote the benefits of a tobacco free lifestyle**

8% of the population successfully quitting (at one month post quit) at 2010/2011  
Current indications show that this target will be difficult to achieve.

**Action 2.5 Target oral health interventions and programmes at those children and families in the most deprived populations**

'Childsmile' programme rollout –One primary school declining to support the toothbrushing programme for P2s.

**3. Detail any planned remedial action or improvement areas  
(Relate to relevant aim, action or indicator)**

**IMPROVING HEALTH AND WELLBEING**

**Action 1.2 Provide tobacco information, prevention and cessation support services for young people and adults and promote the benefits of a tobacco free lifestyle**

The Fresh Air-shire service has been restructured to increase capacity to deliver smoking cessation services

**Action 1.3: Completion rates for child healthy weight intervention**

The JumpStart team initiated the JumpStart Choices programme which is a whole class or group approach based on the JumpStart programme allowing for a broader spectrum of children access to a child healthy weight programme.

This approach was ratified by the Scottish Government and will roll out as of October 2010, 23% of the overall children completing each programme can be used towards the HEAT 3 target. Projected forecasts figures from both JumpStart approaches and MEND will see both the Ayrshire and Arran overall target of 420 children and East Ayrshire target of 140 children completing a child healthy weight programme met

**Action 2.5: Target oral health interventions and programmes at those children and families in the most deprived populations**

Discussions are taking place with EAC education department to resolve the issue of toothbrushing in P2 in one of the primary schools.

**4. Provide detail/ performance information on any new or innovative areas of partnership work outwith the scope of the Improving Health and Wellbeing Action Plan or SOA e.g. national or local strategies or drivers**

**GETTING IT RIGHT FOR EVERY CHILD**

Since the first implementation phase, which began in January 2010 within the Learning Communities of Cumnock, Doon and Auchinleck, there have been over 700 completed assessments. Details are provided below:

<b>Generated by Social Work - SWIFT</b>	<b>Completed</b>	<b>Ongoing</b>	<b>Total</b>
CP1	31	24	55
Child Protection	22	20	42
IAR	71	38	109
LAAC	127	172	299
SBR	132	38	170
SBR - Review	268	61	329
Section 23	1	8	9
Type not recorded	17	20	37
<b>Total</b>	<b>669</b>	<b>381</b>	<b>1050</b>

<b>Generated by Education -SEEMIS</b>	<b>Completed</b>	<b>Ongoing</b>	<b>Total</b>
CAT ASL Initial	22	0	22
CAT ASL Comprehensive	1	0	1
CAT Initial	36	5	41
CAT Comprehensive	0	0	0
0-3 Comprehensive Assessment	3	1	4
<b>Total</b>	<b>62</b>	<b>6</b>	<b>68</b>
<b>Overall totals</b>	<b>731</b>	<b>386</b>	<b>1118</b>

**Updated 16<sup>th</sup> of September 2010**

**OLDER PEOPLE**

1. A Re-shaping Care for Older People Event took place on the 9<sup>th</sup> September 2010 involving older people, elected members and relevant stake holders. This consultation event has informed the development of the older people's strategy.
2. East Ayrshire older people's conference takes place on the 26<sup>th</sup> November 2010. At this event, older people will be consulted on the future shape of health and social care services within East Ayrshire.
3. Health and social care services are working in partnership to develop a community based re-ablement approach to service provision which will centre around a single point of contact for access to rehabilitation, re-ablement and support services.

## **MENTAL HEALTH AND LEARNING DISABILITIES PARTNERSHIP**

The CHP Forum Carers Sub Group is now formed and has an elected chair and vice chair as well as elected reps who will attend the CHP Forums to represent the issues raised by the Sub Group.

This group will progress the East Ayrshire Carers Action Plan and also local implementation of the National Carers Strategy "Caring Together"

## **ALCOHOL AND DRUGS PARTNERSHIP**

Public Health and ADP Support Team are looking at developing positive recovery stories. Included within this are of work is the de stigmatising of reporting on alcohol and drug issues within the local media, discussions are being planned with the Group editor of the Scottish & Universal Newspapers Ltd and three of his editors across Ayrshire and Arran. It is hoped this will result in a protocol being developed and standards for future reporting that will help influence public perceptions and deliver vital information to all the communities across Ayrshire and Arran.

## **Best and Innovative Practice**

- **Lesley Fowler from the MEND team was featured in the Glasgow Herald in terms of her innovative work with Children and Young people.**
- **Kenny Milne the PPF Coordinator has been shortlisted for an Ayrshire Achieves Award for his innovative work with Children and Young People from Yipworld.com**
- **East Ayrshire Community Hospital has been successful in securing funding from the NHS Endowment Fund to develop Hospital Radio.**
- **The Community Health improvement Partnership (CHIP) has received an extremely positive external evaluation in relation to the Lifestyle Referral programme- The research found that the LRS has supported individuals to reduce their weight, BMI, resting heart rate, consumption of alcohol and blood pressure and increased their physical activity levels.**

## **5. Detail any partnership issues or other relevant information**

### **GETTING IT RIGHT FOR EVERY CHILD**

As the *Getting it Right for Every Child* programme is being embedded a training calendar has been established which details training and awareness raising for groups of staff and for young people's, parent's and carer's forums including:

- Additional multi-agency training in relation to Process and Paperwork and the role of the Lead Professional
- Multi-agency training in relation to Chronologies and Risk Assessment
- Additional training for specialised services including Allied Health Professionals, the Child and Adolescent Mental Health Service, Housing and Community Learning and Development
- Awareness raising within Universal Services
- Awareness raising for parent's/carers forums, such as the Additional Support Need's Forum
- Awareness raising for young people's forums, such as the Young Person's Looked After and Accommodated Forum

### **IMPROVING HEALTH AND WELLBEING**

There are real concerns locally about the withdrawal of partnership funding from the Community Health Improvement Partnership will result in the inability to deliver a wide range of actions within the existing and future Improving Health and Wellbeing Action Plan. This will represent a real risk in terms of health related programmes for some of East Ayrshire's most vulnerable residents.

During the Summer JumpStart actively engaged with the East Ayrshire Recreation Department to look at providing JumpStart Choices in three local games halls. All sessions were well attended and information on the activities and sessions were widely promoted through the Recreation Department

JumpStart and Drongan Health Initiative worked in partnership to provide 8 sessions of Children's Healthy choices activities in Drongan Games Hall over five weeks. These sessions were extremely well attended with over 215 attendances averaging at 27 children per session

Further partnership working between JumpStart, Drongan Health Initiative and East Ayrshire libraries saw 5 library health awareness sessions run in Drongan Library with an average of 12 children attend each week.

### **REHABILITATION AND ENABLMENT**

Work continues to progress with Joint Equipment services. Benchmarking has been carried out in line with Scottish Government guidance. Financial information process is being currently undertaken.

### **MENTAL HEALTH AND LEARNING DISABILITIES PARTNERSHIP**

IRF – Draft report and action plan completed and passed to sponsors on 10<sup>th</sup> September.

The September edition of the quarterly LD Partnership Newsletter has been distributed

## **ALCOHOL AND DRUGS PARTNERSHIP**

Developing our Strategy and Promoting Recovery Event took place 2<sup>nd</sup> September. It was greeted as an excellent opportunity to consider and discuss the widest impact of recovery from an East Ayrshire perspective. The aims and objectives of the day were for stakeholders and partners to influence the East Ayrshire Recovery Strategy. It also provided an opportunity for providing knowledge surrounding concepts and understanding of recovery founded upon Scottish Government principles of recovery. There was an excellent range of stakeholders who took part, these included staff carers and a limited number of service users, Further consultation will take place as a follow up event is planned for the beginning of 2011.

Following the Developing our Strategy and Promoting Recovery Event on 2<sup>nd</sup> September a number of stakeholders acknowledged the importance of close liaison amongst operational staff across agencies. While the Advisory Group informs the strategic development of addiction services it is increasingly evident that frontline staff engaged with service users and their families require a forum to progress interventions and service developments in partnership. Establishing a Service Delivery Group is viewed as being a positive route forward to both inform and be informed by the Alcohol and Drug Partnership Committee

ADPC currently reviewing financial governance structures, commissioning systems and processes to ensure the delivery of effective treatment, commissioning and procurement at a local level. Allocation and expenditure is to be based on local needs assessment and the pursuit of locally agreed ADP outcomes in line with national guidance.

**Katie Kelly**

**On Behalf of CHP Lead Officers**

**Date : 12/11/2010**