



**Draft Minutes of East Ayrshire CHP Committee meeting
held on Monday 17 May 2010 at 3.00 pm in Community Room, EA Community
Hospital, Cumnock**

1. ATTENDANCE

Present Councillor Drew Filson – Non Executive NHS Board Member - Chair
Dr Carol Davidson, NHS Ayrshire and Arran
Dr Allan Gunning, NHS Ayrshire and Arran
Mrs Rita Millar, NHS Ayrshire and Arran
Councillor John MacKay, East Ayrshire Council

In Attendance Mrs Angie Bennett, Leisure Development Manager (East Ayrshire
Council) – Items 3+4 only
Mrs Lorraine Dick, Recreation Partnership Officer
Mr Eddie Fraser, Head of Service, Community Care
Dr Gill Hawkins, Specialist Registrar (shadowing Dr Davidson)
Ms Katie Kelly, East Ayrshire CHP Facilitator
Mrs Linda McCartan, Community Health Development Manager
(East Ayrshire Council)
Mrs Cathy Roarty, Lead Public Health Practitioner
Ms Pauline Sharp, Minutes

Apologies Councillor Elaine Dinwoodie, East Ayrshire Council
Mrs Kay Gilmour, Chair, Locality Group Children, East Ayrshire
Council
Councillor Douglas Reid, East Ayrshire Council
Mrs Mandy Yule, Health Care Director, Integrated Care and Partner
Services

2. MINUTES OF THE PREVIOUS MEETING + MATTERS ARISING

- 2.1 The Committee approved the minutes of the meeting held on 22 March 2010 as an accurate record.

- 2.2 **Item 6 NHS Ayrshire & Arran Critical Issue Review Breastfeeding Report**
– Ms Liz Smith, Breastfeeding Co-ordinator had provided a presentation to the OLG on the good work being done. The OLG have subsequently agreed to develop a further action in response to the critical review focusing upon East Ayrshire Council. This will be presented to a forthcoming OLG and Committee.
- 2.3 All other matters arising were covered in the agenda.
3. **RECREATION PARTNERSHIP SERVICE – ANNUAL REPORT ON PROGRESS OF SERVICE LEVEL AGREEMENT BETWEEN EAST AYRSHIRE COUNCIL AND NHS AYRSHIRE & ARRAN**
- 3.1 Ms Bennett provided an update following the completion of the second year of the Service Level Agreement between NHS Ayrshire & Arran and East Ayrshire Council on the progress of the Recreation Partnership Service (Paper 3) and the Community Health Improvement Partnership (CHIP) (Paper 4).
- 3.2 Among the main points highlighted by Ms Bennett in her presentation were (please see appendix 1 attached):
- Leisure Development Service – Play Development, Recreation Partnership Service, Sports Development, Community health Development and Administration, marketing and Monitoring.
 - Success & Best Practice
 - Strategic Fit – Community Plan, SOA National Outcomes, National Strategic Framework and Local Strategic Framework.
 - CHP Structure
 - Primary School Aged Population
 - Children & Young People with Additional Support Needs
 - Targeted Programmes
 - SHOUT
 - Impact Headlines
 - Health Communities and Workplaces
 - Lifestyle Referral Scheme
 - Programmes for Long Term Conditions/Frail Elderly/Specified Illnesses
 - Equalities
 - Healthy Eating
 - Keep Well
 - Future.
- 3.3 The East Ayrshire CHP noted the progress and performance for both the Recreation Partnership Service and the Community Health Improvement Partnership. It was agreed that future partnership priorities with a focus on outcomes should be established for 2011 and beyond. It was agreed for Ms

Kelly to hold a meeting outwith the Committee with key colleagues from NHS Ayrshire and Arran and East Ayrshire Council to identify future partnership priorities for the two services and ensure that the SLA renewal process dovetails with the Community Planning processes including the review of Fairer Scotland Funding. The outcome of this work will be reported report back to the EA CHP Committee for approval at the meeting on 23 August. **KK**

3.4 Members commended the enthusiasm and energy of the team in the work they have accomplished and were very keen to ensure that this good practice was supported by outcomes proving all was moving in the right direction.

4. COMMUNITY HEALTH IMPROVEMENT PARTNERSHIP – ANNUAL REPORT ON PROGRESS OF SERVICE LEVEL AGREEMENT BETWEEN EAST AYRSHIRE COUNCIL AND NHS AYRSHIRE & ARRAN

4.1 Discussion recorded under Item 3 of current minutes.

5. PATIENT PARTNERSHIP FORUM (PPF) WORKING AGREEMENT + TERMS OF REFERENCE

5.1 Mr Milne, PPF Co-ordinator had unfortunately been unable to attend but a copy of the EA PPF Working Agreement with the EA CHP had been tabled for the information of the EA CHP Committee. This was an update following the change in the CHP structure. The Forum had agreed and approved the PPF Working Agreement at their meeting on 21 April 2010. One difference from the previous agreement was the inclusion of the election of at least 2 additional members to take up the roles of being replacement CHP Forum representatives in the event of their absence to ensure that the PPF is always represented at the CHP Forum.

5.2 Ms Kelly and Mrs Miller, Chair of the EA CHP Forum considered the PPF members had a very strong voice in East Ayrshire, had raised some key issues allowing solutions to be mutually sought. This link was viewed by the PPF members as a really valuable way of engaging with the NHS and the wider partners within the CHP.

6. THE DRAFT NATIONAL STRATEGY FOR SELF-DIRECTED SUPPORT

6.1 This paper had also been presented to the East Ayrshire Council Cabinet and was advising on the consultation on the draft national strategy for self-directed support in Scotland which has been developed to take forward the personalisation of health and social care services in Scotland. Highlights from the paper included:

- The recommendation that the Scottish Government should approach national social care, social work and health training and qualification accreditation bodies to agree how they will integrate self-directed support teaching into curriculum and assessment and to create a

programme that makes this aspiration a reality by 2013.

- The importance of resources from all sectors and how to bring these together to the best effect for the clients.
- Challenges in terms of commissioning in the most cost effective way.
- Clients employing personal assistants with no control over training or requirement for Disclosure Scotland.

6.2 It was recommended that the EA CHP Committee note the draft proposals as outlined, note the draft East Ayrshire Council response; note the forthcoming consultation on the proposal for a SDS (Scotland) Bill. They were also asked to further consider the outcomes of the national research and the results from the 3 Scottish pilot sites once these were published. Members agreed to receive further reports in relation to the local implementation of the partnership elements of the final strategy through the OLGs.

6.3 Dr Gunning advised the Integrated Care Modernisation Board (ICMB) had passed on their comments on the draft strategy from a health perspective. The ICMB had advised the direction of travel was appropriate with Co-creating Health.

7. RESHAPING CARE FOR OLDER PEOPLE

7.1 Mr Fraser advised this paper was part of a national consultation discussing with communities models of care. Reference was made to the chart which specified the Health and Adult Social Care Expenditure for Scottish population aged 65+ for 2007/8. Section 3 of the paper outlined briefly how care could be reshaped, the new philosophy of care (mutual care approach) and financial challenges.

7.2 The Committee agreed to participate in the Reshaping Care for Older People Engagement Programme and asked, as a partner, the OLG (Adult & Older People) to provide further updates and include emerging themes from the engagement in the 2010 East Ayrshire Older People Strategy. It was agreed the local work would help the EA CHP to feed into the pan Ayrshire work being undertaken.

8. LEARNING DISABILITY AWARENESS WEEK – PARTNERSHIP IN PRACTICE EVENT

8.1 Councillor McKay and Mr Fraser discussed the very successful Partnership in Practice Event held on Tuesday 11 May. Mr Adam Ingram, Minister for Children & Early Years had been one of the speakers at the event with there being 4 main areas addressed in workshops:

- Integrated Re Framework
- Transition
- Employability
- Adult Support & Protection

The evaluation reports received so far considered the event to be excellent. The Committee were advised that the week beginning 20 June was an official Learning Disability Awareness Week.

- 9. INTEGRATED RESOURCE FRAMEWORK (IRF) – PHASE 2 PROJECT PROGRESS REPORT – EAST AYRSHIRE**
 - 9.1 The paper provided an update on progress, which was on target, with the IRF prepared for both years for the Steering Group.
- 10. INTEGRATED RESOURCE FRAMEWORK – PHASE 2 PROJECT PROGRESS REPORT – NORTH AYRSHIRE (on behalf of EAC, SAC + NHS Ayrshire & Arran)**
 - 10.1 This paper provided an update on progress of the project led by Carol Kirk, Corporate Director Educational Services and Joanne Sharp, Health Care Manager Children's, Women's and Sexual Health Services.
 - 10.2 The other 2 projects are the pan Ayrshire project looking at COPD and the one in SA CHP area in relation to Older People. The learning from these projects will be shared across all 3 CHP areas.
- 11. REPORTS FROM COMMUNITY PLANNING JOINT OFFICERS GROUP FOR NOTING**
 - 11.1 **Community Planning Update** – Noted. Paper to come to EA CHP Committee for 23 August and also East Ayrshire Council Cabinet at the same time in order to be submitted to the Scottish Government by the end of September 2010.
 - 11.2 **SOA Annual Reporting** – Noted.
- 12. OFFICER LOCALITY GROUP FOR ADULTS AND OLDER PEOPLE – DRAFT 12 MARCH MINUTES**
 - 12.1 Mr Fraser advised among the areas being discussed by the OLG was the possibility of day services being provided from EACH with a formal option appraisal being developed for this.
- 13. EAST AYRSHIRE CHP FORUM – DRAFT 21 APRIL MINUTES**
 - 13.1 Mrs Miller provided an overview of the EA CHP Forum business. Building on discussions to establish a CHP Carers Forum a Carers Event is to be held on 20 May. Following discussions with members of the Scottish Youth Parliament the Forum had agreed for them to produce an information booklet entitled "Work They Do" interviewing different members of the EA CHP membership.

14. ANY OTHER BUSINESS

- 14.1 The Committee decided to defer all business from the 5 July meeting until the 23 August meeting due to the Council Recess and annual leave. **KK**
- 14.2 Mr Fraser advised all will be sent an invite to an event to be held shortly by the Alcohol & Drugs Partnership.
- 14.3 Ms Kelly reminded members of the combined EA CHP development session to be held on 26 May where discussions and presentation will be held on 1) Rehab and Enablement, 2) Work, Health & Wellbeing and 3) giving people the opportunity to contribute to priority setting.

15. DATE AND TIME OF THE NEXT MEETING

Monday 23 August 2010 at 3 pm, Meeting Room 1, Council HQ, Kilmarnock

Chair Date

IMPROVING HEALTH & WELLBEING IN EAST AYRSHIRE

Year Two Report on Service Level Agreement between NHS Ayrshire & Arran and East Ayrshire Council

Life Long Leisure | **NHS Ayrshire & Arran**

LEISURE DEVELOPMENT SERVICES

- Play Development
- Recreation Partnership Service
- Sports Development
- Community Health Development
 - Inc. Walking Development
- Administration, Marketing and Monitoring

Life Long Leisure | **NHS Ayrshire & Arran** | **Community Partners**

Success & Best Practice

Nationally Recognised Recognition for Best Practice

- Brief Interventions at all GP practices
- Innovative Play Services rapidly developed
- Selected to host Scottish Government Partnership for Community in Cattle

Winners and Finalists in East Ayrshire, Scottish & Great Britain Awards

- East Ayrshire Employee Excellence Awards – Finalists
- APSE Awards - Finalists
- Ayrshire Achieves – Finalist
- MEND Central Conference & Awards – Winners

NHS Ayrshire & Arran | **Community Partners**

Strategic Fit

Community Plan

- Building Resilience
- National Play Plan
- Equally Well
- Better Health Better Care
- National Obesity Routemap
- National Strategies relating to CHD, Stroke, Cancer, Dementia and Shifting the Balance of Care

SOA NATIONAL OUTCOMES

• Child Health Strategy (draft)

• Primary Care Strategy (draft)

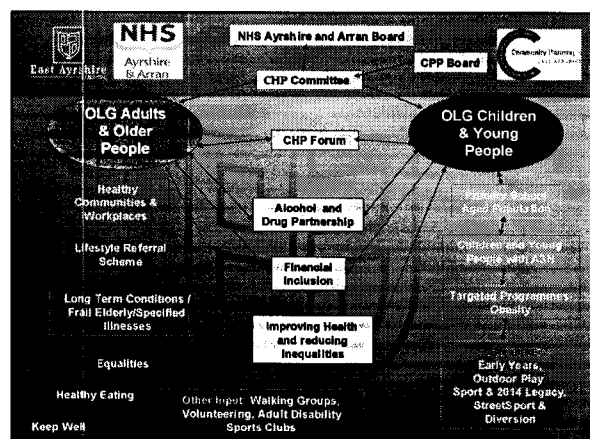
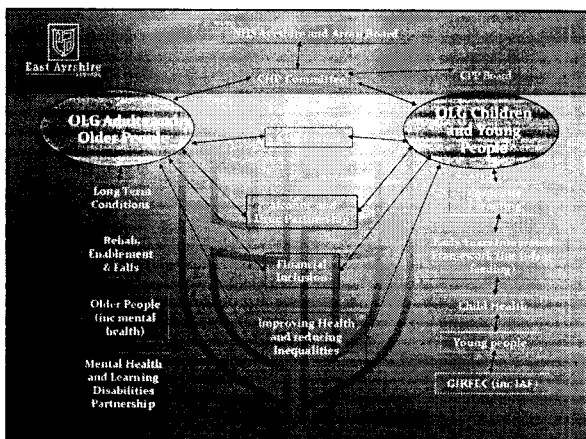
• Strategies and Plans for Cancer Prevention, Primary Prevention and Food & Health

• Leisure & Cultural Strategy

• EA Alcohol & Drugs Strategy

• Older People's Strategy

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Lifestyle Referral Scheme

The scheme provides professional advice, education and support to help people make positive changes to their lifestyle. This is done through consultation with a range of health professionals.

Target - 700 new referrals for the year

Performance

Achieved 1,109 new referrals received

Programmes for Long Term Conditions/Frail Elderly/Specified Illnesses

A range of evidence based programmes are available to help people with long term conditions, frail elderly and specified illnesses. These programmes are designed to help people manage their condition, improve their quality of life and reduce the need for hospital care.

Target 1 - A minimum of 300 classes per year
Target 2 - A total attendance rate of 3,000 per year

Performance

1 Not Achieved 747 classes delivered
2 Achieved 11,321 Attendances at classes

Equalities

Services will be provided to people with long term conditions, frail elderly and specified illnesses. These services are designed to help people manage their condition, improve their quality of life and reduce the need for hospital care.

Target 1 - Support 3 delivery sessions for the year
Target 2 - Deliver 10 health awareness sessions for the year
Target 3 - Deliver 3 week long term conditions health groups (LTC) for the year
Target 4 - Provide information on healthy living at 3 main and 2 minor health centres

Performance

1 Not Achieved 3 events supported
Achieved 200+ Attendances at each event
2 Achieved 12 sessions delivered
Achieved 158 Attendances in total
3 Achieved 4 events delivered
Not Achieved 254 Attendances in total
4 Achieved 3 events supported

Healthy Eating

A range of healthy eating advice is available to help people make positive changes to their diet. This advice includes information on how to choose healthy foods, how to cook healthy meals and how to manage weight.

Target - Deliver a minimum of 25 1/2 hour sessions per year

Performance

Achieved 25 Healthy eating sessions delivered

Keep Well

An additional 100 days of walking will be added to the NHS Health Plan. This is done through consultation with a range of health professionals.

LOTTO TICKET WINNING NUMBERS

For people born 1 June 1945 - 31 March 1966

Your numbers

1: Healthy Body
2: Healthy Mind
3: Healthy Life




Performance

Achieved 100 days of walking added to the NHS Health Plan


Impact Headlines

- More people using the CHIP tool
- 20% increase in referrals to LKS and other prevention programmes
- 1st Therapeutic Play Area for Older People installed in Rye Park
- Celebrate C'mon Catrine
- New services to promote positive mental health

CHIP





Future


- Use data from S... ..
- Canon Cairne linked...
- Build Social Capital...
- Enhance services & emerging...
- Support to...
- Continued P...
- Integral role in e...
- MEND Roll out 5...
- Increase capacity to pro... ..



Ring Ring

... .. Leisure Opportunities


Recommendations


It is recommended that the CHP Committee:

- Note the progress in respect of all Areas of Work, particularly in relation to new areas of work;
- Approve the identified future development priorities as priorities for the year ahead;
- Agree an early process to negotiate an extended Service Level Agreement to sustain services beyond March 2011.