



**East Ayrshire CHP
Interim Performance Report for
Sub Group Chairs**



This proforma should be completed by lead officers in order to report exceptions to the achievement of planned outputs, highlight good performance and manage risk by planning remedial action or improvement activities.

Reporting Period

16 July 2010

**1. Detail any significant progress which you would wish to highlight
(Refer to relevant aim, action or indicator)**

Alcohol and Drugs Partnership

Action 3.1: Need identified to address smoking in young people.

Action 3.3: Need identified to focus on ensuring the development of initiatives targeting young people under 25.

Health and Wellbeing Programmes

Match Fit and *Dance Fit* Health and Wellbeing programmes have been very successful. Pupils participated in the programmes one full day per week for six weeks and in the final week, an awards ceremony for the young people who had taken part was held. The programmes target young people in S2 who are LAAC/LAC, MCMC, vulnerable pupils. The course develops pupils' literacy, numeracy, self esteem and confidence. At the end of the programme pupils are able to demonstrate the skills and talents they have learned. Players from Kilmarnock Football Club presented certificates and awards to pupils involved in the *Match Fit* programme which took place at Rugby Park.

Dance coaches, who have been delivering the *Dance Fit* programme were so impressed with the skills and talent of the young people at Doon Academy, that they were asked to showcase their dance routine at an event in The Magnum on Monday 22 March. Both *Match Fit* and *Dance Fit* will be rolled out to other schools within the authority in the new session.

Peer Education Programmes

Peer education programmes running in Loudoun Academy and James Hamilton Academy have also proved extremely successful. S6 pupils from James Hamilton Academy delivered lessons on smoking, alcohol and drugs to S1 pupils in their own school and to Primary 7 pupils in associated primaries. This has evaluated very well and younger pupils stated that they got more from the lesson simply because it was delivered by their peers rather than their teacher. In fact, a showcase of the good work of the peer educators was held in The Park Hotel on 26 March.

Furthermore, on *No Smoking Day*, 10 March 2010, Loudoun Academy launched their **Smoke Free School** initiative. Persistent smokers within the school grounds were targeted and senior school peer educators (currently being trained by Fresh Air-shire), the campus cop, Guidance staff and community link worker delivered lessons on the health effects of tobacco, costs of cigarettes and legal aspects. This culminated in the formation of a smoking cessation group where those who wanted to quit smoking were given diaries and nicotine replacement therapy. The smoking cessation group, run by the community link worker, now meet weekly within the school and support is given to pupils by Fresh Air-shire and Guidance staff. So far, out of a group of 20, 10 pupils have halved their daily intake of cigarettes and 2 have quit. Parents have also been involved in this hugely successful project to support their children. It is anticipated that this group of 20 pupils will be trained as peer educators to deliver lessons to S1/S2 and P7 pupils next session.

On *No Smoking Day*, stalls were put up round the school and the S6 peer educators gave out really useful information. Peer education lessons, which have been planned and organised in partnership with Fresh Air-shire, are now being delivered to S1 pupils within the Academy and to Primary 7 pupils in the associated primary schools.

Similar programmes are now being rolled out across the Authority.

Outcome Indicator

Action 1.5 Promote awareness of safer alcohol levels and provide information and services across all population group

East Ayrshire Council social work department and NHS addiction services have joined together in providing an Occupational Therapy (OT) specialist and OT assistant working across community locations within East Ayrshire with older people experiencing trips and falls due to excessive alcohol use. The OT posts are intended to complement the work around rehab, enablement, falls. The programme also has at its heart, Shifting the Balance of Care (SBC) via prevention, community care and treatment and community located services

GIRFEC (Getting it Right for Every Child)

Integrated Assessment Framework fully commenced in Cumnock and Doon Valley. Evaluation of first few months will be available shortly. However, the training for this part of the roll out has been evaluated. 143 staff took part. The overwhelming majority of participants noted the inter-agency discussion highly.

Further training will be welcomed in relation to risk assessment; resilience matrix and chronologies. Phase 2 training will roll out mid March.

Early Years/Early Intervention

Mapping exercise commenced in respect of current services against need. This is an extensive programme of work.

Successful application to the Playfund, by the Play Forum for £92,000 over 2 years to support training and development; free outdoor play; marketing and evaluation. The Play Forum is a formally voluntary sector group supported by East Ayrshire Council.

Rehab, Enablement and Falls

6 Locality action plan for Falls and Bone Health has agreed by Officer Locality Group.

There is now one falls lead for Ayrshire and Arran, and this work is being integrated with mainstream service redesign.

The Falls lead has completed pilot of referral protocols and pathway between community alarms, A/E and day hospitals. Opportunity exists for further referral pathways to be considered.

5.1 Integrated model for community rehabilitation and enablement agreed, pilot work being discussed within EACH and North of East Ayrshire. Service Improvement team are supporting with the mapping of services. EACH model scheduled to start 30th August, working initially with the Cumnock GP practice.

Older People

Action Point 3.1

A pro-active approach by Health and Social Work has enabled the East Ayrshire Partnership to achieve and sustain the zero delayed discharge target month on month.

Action Points 3.1, 3.2, 3.5, 3.7

Home Care Management arrangements have been reviewed in line with the Reshaping Care for Older People agenda. The new service provides

- >flexible, targeted home care provision
- >flexible management support and availability over 7 days and evenings to service users and carers
- >improved performance management.

Action Point 3.1, 3.2, 3.3, 3.5, 3.7

A community based intermediate care pathway has been developed jointly to replace the need for hospital based service. An Occupational Therapist has been recruited to undertake a care management role for people using this service. The new Intermediate Care pathway has moved services closer to people who require intermediate care and rehabilitation and provides faster access to support.

Mental Health and Learning Disability Partnership

Learning Disability

PIP 2010 – 2013 A service User/Carer PIP Consultation took place on 17th June and was very well attended. Information from carer's consultation tables is being collated along with feedback from the Service User consultation sessions. This feedback will inform the PIP document in relation to examples of good practice and areas that require development/improvement. The method used at the event was highlighted by carers as positive, relaxing and informative and would be a preferred method of engagement in the future. Each Draft chapter of the PIP has been sent out to relevant partners for feedback and examples/info for addition to the document in the relevant sections. Feedback is starting to come in.

Day Services – “Making it Happen” Group This group has now expanded to include Service Users, Carers and staff from Balmoral Rd and Riverside Resource Centres in order to look more widely at Day Services in East Ayrshire, in line with the findings of the Day Services Consultations in 2009. An interim report was sent to senior managers which set out the agreed priorities for the new resource:

- A new build
- Flexible service, a community resource with drop-in facility and outreach
- Real partnership working with other services e.g. Education, Community Learning & Development, Community Groups
- Senior Managers to tell the group where we can build to help narrow our options re location

(Aim 3 Actions 3.1,3.3,3.6)

Mental Health

Measuring Patient Satisfaction questionnaire. This has been developed by Crisis Service and is being piloted. Plan is for questionnaire to be further developed and used as a Multi Disciplinary tool to measure service user satisfaction. Initially will be used as a measurement for Mental Health Partnerships services.

CATCH. There are now people trained to lead the walks, therefore the service will be ongoing.

The bibliotherapy project will be transferred to a book prescription service with three libraries Stewarton, Dick and Cumnock having surgeries in operation. Standing Operational Procedure has been reviewed and is ready for issue by Health.

Bed Management Procedure, ready for issue by Health.

Reorganisation of Primary Care Services now implemented.

Change to addiction services. People on waiting lists are reducing.

Pathway for people coming out of prison and who are homeless has been developed.

Named Person/Advance Statement requirements under the Mental Health Legislation. An action plan has been developed to further raise Health and Local Authority staff awareness about offering assistance to service users to make use of their legal rights. Figures have been gathered on how many Named Person and Advance Statements are in operation. The protocol has been up dated and a pilot will run from September 10 to February 11 in East Ayrshire to evidence the increased offers/increased numbers.

(Aim 3 Actions 3.1,3.2,3.3,3.4, 3.5. 3.6)

Choose Life/Suicide Prevention

The stakeholder meeting generated interest from a number of groups including HMP Bowhouse, East Ayrshire Carers Group and East Ayrshire Advocacy Group . The primary focus agreed at the stakeholders event and subsequent meetings is to prepare for Suicide Prevention Week .

In advance of Suicide Prevention Week the aim is to consolidate local initiatives in the south of the local authority & to link with the Inclusion in Mind agenda in terms of 2003 act
(Aim 1 Actions 1.7,1.8)

Autistic Spectrum Disorder

After an initial slow start, the ASD sub group has developed significantly both in terms of membership and activity. To date there has been four meetings of the group with representation from a range of stakeholders including social work, health, education, housing, leisure and development, National Autistic Society, Scottish Autistic Society, Kilmarnock College, private providers, carers and representation from neighbouring local authorities. Action is also being taken to ensure service user representation.

In line with the Partnership in Practice agreement, the group has adopted Priority 9 of this agreement as the main objective for activity. Priority 9 states: THERE SHOULD BE BETTER SERVICES FOR PEOPLE WITH ASD.

From this high level objective the group has agreed 5 target outcomes:

- Target 1 - A full and accurate diagnosis delivered within reasonable timescales and linking to needs assessment and support
- Target 2 - Clinical and social care assessments that take account of the particular needs of adults with autism
- Target 3 - Access to specialist supports where appropriate
- Target 4 - Effective transition arrangements between adolescent and adult services
- Target 5 - Improved access to education, training and employment

The group were keen to consider what models of service provision are available in other areas and have had an input from the Glasgow model, the Autism Resource Centre (ARC). This model provides a range of advice, signposting, practical support as well as some clinical input on a sessional basis, provided by the range of partners involved. The group were keen to record their aspirations to achieve a similar model for this area but accept that this would require commitment from all three Ayrshires and Ayrshire and Arran health board to make this a realistic proposition.

The group have agreed to a 6 weekly meeting cycle. In recognition of the scope of this agenda, further work requires to be carried out to formulate a work plan, detailing the short, medium and long term activity. A mapping exercise will be carried out for this activity led by the Life Planning staff within Social Work.

(Aim 3 Actions 3.1,3.2,3.3,3.4, 3.5. 3.6,3.7)

Improving Health and Reducing Inequalities

Action 1.3: Completion rates for child healthy weight intervention

The overall target for HEAT 3 (Children completing Healthy Weight Intervention) has been reduced from 13.5% to 4% nationally. This means that in Ayrshire & Arran the target has been reduced from 1419 children to 420 with an East Ayrshire target of 140 children completing the programme by end March 2011. 75 children have completed Jumpstart and MEND programmes.

Action 2.5: Community Pharmacy Project targeting North West Kilmarnock (birth to 12 years) implemented and evaluated.

The pharmacy oral health project roll out is complete and has now been extended to other areas including Irvine Valley, Shortlees, Newfarmloch, Cumnock, New Cumnock, Auchinleck, Logan, Dalmellington and Patna and has been a great success.

Action 2.6: Apply the Equality and Diversity Toolkit to 100% of all new policies, strategies and procedures

NHS Ayrshire & Arran provides monthly training sessions on the application of the Equality and Diversity Impact Assessment (EDIA) toolkit. Over 400 members of staff have been trained to date.

Financial Inclusion

Action 4.1

In order to address the issue of having very limited office space, Cumnock and Doon Valley Credit Union has recently obtained a grant from the Scottish Government Enterprise Fund which has been used to access an upstairs annex at 4c the Square, Cumnock, which is currently being set up for use as 'back of house' services, with service users continuing to use the main office.

A grant obtained from the Coalfield Regeneration Trust will be used by Cumnock and Doon Valley Credit Union to employ a worker to replicate work previously done in the schools with adults in local community centres in the area.

East Ayrshire Credit Union is on course to achieving its membership target this year and is working on a programme of review of processes and procedures. This is required further to the recent significant growth in membership to ensure that they remain fit for purpose. A programme of engagement with local Tenants and Residents Associations is planned.

Action 4.7

Staff of Departments and organisations involved in the Benefits Take Up Group (a sub group of the Financial Inclusion Group), continue to raise public awareness regarding benefit entitlement and to promote take up through participation in a variety of community based events and functions, with 9 of these having been undertaken since 1 April 2010.

Long Term Conditions

6. Locality action plan for Falls and Bone Health has agreed by Officer Locality Group.

There is now one falls lead for Ayrshire and Arran, and this work is being integrated with mainstream service redesign.

The Falls lead has completed pilot of referral protocols and pathway between community alarms, A/E and day hospitals. Opportunity exists for further referral pathways to be considered.

Action 5.1

Integrated model for community rehabilitation and enablement agreed, pilot work being discussed within EACH and North of East Ayrshire. Service Improvement team are supporting with the mapping of services. EACH model scheduled to start 30th August, working initially with the Cumnock GP practice.

An East Ayrshire partnership Telehealthcare event is planned for the 27th August 2010, the outcome of this event will be to develop an action and implementation plan for East Ayrshire, including the pilot to develop telehealth in a community setting.

An partnership group will develop Anticipatory Care Planning on an Ayrshire wide basis.

The Long Term Condition Locality sub-group will now incorporate the The Rehabilitation & Enablement and Falls agenda in East Ayrshire. It has been agreed to replace the current meetings format with 4 regular stakeholder events throughout the year. The Leads are working together to identify workstreams and leads for all the current strands.

The Integrated Resource Framework proposal for COPD and Self Management is being finalised.

Young People

Confirmation of one year funding to develop alternatives to secure provision awaited. Service design underway – a partnership seminar is being planned to inform this.

Event being planned to bring key partners together to develop our partnership approach to supporting vulnerable young people, including young people involved in offending.

Independent review of placements being made for young people outwith East Ayrshire concluded. Findings to be shared and an action plan to be developed.

Corporate Parenting

A multi agency planning event took place on 25 June 2010 to review progress against the corporate parenting action plan.

A multi agency event took place in April 2010 to develop an action plan relating to care leavers. This is currently being developed.

Corporate parenting training session by young people presented to Full Council and to the Community Planning Partnership Board on 11 June 2010 and a further session planned for elected member on 27 October 2010.

2. Detail actions where the working group has concerns over meeting targets (Refer to relevant aim, action or indicator)

Older People

Action Points 3.1 – 3.5, 3.7

The development of an East Ayrshire Older People's Strategy has been delayed owing to staff absence but it is hoped that additional capacity can be identified to take forward this piece of work.

Mental Health and Learning Disability Partnership

IRF Test Site – On account of unforeseen HR issues the IRF project team is slightly behind schedule.

Autistic Spectrum Disorder Concerns have been raised about how any activity identified by this sub group will be funded in light of no additional funding being made available and this has been a theme which has been consistent throughout all meetings to date. It has been acknowledged that financial commitments to services for adults with ASD are evident throughout funding streams across a range of agencies, however, there is a strong view that this activity is often crisis led and could be avoided if more targeted, bespoke assessments and care plans are put in place as soon as need is identified, thus preventing more substantial spends at future crisis points.

The group expressed the view that unless there is specific, ring fenced funding for services for ASD, it will be difficult to be able to develop a more tailored response to this group.

(Aim 3 Actions 3.1,3.2,3.3,3.4, 3.5. 3.6,3.7)

Improving Health and Reducing Inequalities

Action 2.6: Research implemented with regards to the long term outcomes for families who previously received support in a learning disabilities parenting skills programme by 2010

This action will not be achieved as it has been postponed due to the secondment of key staff to work on the Integrated Resource Framework.

Actions 1.4 and 2.3 – Breastfeeding targets not being achieved.

Provisional rate for 2009 is reported to be 19.2%, and increase of 0.6% since the baseline of 18.6% in 2005

3. Detail any planned remedial action or improvement areas (Relate to relevant aim, action or indicator)

Mental Health and Learning Disability Partnership

IRF Test Site - there is a clear work plan in place to progress in line with the PID and for reporting in the Ayrshire wide steering group.

Autistic Spectrum Disorder – given the fact ASD impacts across a range of health services and departments further discussion will be undertaken within the partnership about the needs of this service user group and the potential to realign resources in order to provide a more preventative, less reactive response.

Aim 3 Actions 3.1,3.2,3.3,3.4, 3.5. 3.6,3.7)

Improving Health and Reducing Inequalities

Action 1.3: Completion rates for child healthy weight intervention

Jumpstart are implementing a whole class approach to supplement current activity as well as specific summer 2010 programmes. 5 programmes will be delivered in 3 locations in East Ayrshire.

Actions 1.4 and 2.3 – Breastfeeding targets not being achieved.

June 2010

Breastfeeding to be integrated into curriculum for excellence from nursery through primary and into secondary schools

June 2010

Breastfeeding groups led by the Breastfeeding Network under an SLA with the NHS in Kilmarnock and Cumnock offering mum to mum support

East Ayrshire Council has developed a Breastfeeding Action Plan to support the NHS Critical Issue Review of Breastfeeding. This has been recognised nationally as a model of good practice and will be included in the National Infant Feeding Strategy.

4. Provide detail/ performance information on any new or innovative areas of partnership work outwith the scope of the Improving Health and Wellbeing Action Plan or SOA e.g. national or local strategies or drivers

Older People

A series of local events are being planned to feed into the Ayrshire-wide event that will be held by the Scottish Government's as part of their Reshaping Care for Older People engagement programme

5. Detail any partnership issues or other relevant information

Early Years/Early Intervention

Multi-agency event planned for Tuesday 4 May 2010 through Scottish Government support. The event will be held in Shortlees Community Centre. It is aimed at operational staff to consider and address key challenges in implementing Early Years Framework. A particular focus will be on leadership.

Participants across Ayrshire will be invited.

Rehab, Enablement and Falls

Work is well underway exploring opportunities to improve current access to community equipment and adaptations. A Pan Ayrshire joint equipment work group has been formed and will be considering current arrangements and opportunities for improvement, in line with the Scottish Government Best Practice Guidance.

Occupational Therapy services across Ayrshire have developed a steering group to look at the opportunities for service improvements, through improved joint working. Further progress will be reported through the adult officer locality group.

Mental Health and Learning Disability Partnership

The new CHP Forum, Carers Sub Group has its second meeting on 20th July. This group represents carers from all cared for groups however is particularly well represented by Learning Disability, with 4 carers out of a maximum of 15 members caring for individuals with LD and/or ASD.

Improving Health and Reducing Inequalities

Action 1.3: Completion rates for child healthy weight intervention

Partnership working with East Ayrshire Council's Leisure department (MEND staff and management) has been exceptional with both programmes cross referring children to accommodate both travel barriers and timescale regarding waiting times.

Aim 2 – 2.1 Keepwell health checks – A new HEAT target has been set for 2010/11 which is based on 15% of the target population. A trajectory has been set and numbers of completed health checks are being achieved. In addition to the current health check delivery models further support will be provided via the national community pharmacy model which employs health & wellbeing advisors, the Scottish Ambulance service, who will deliver mobile health checks and the Health and Wellbeing programme where advisors will work in partnership with GP practices to deliver health checks.

Action 2.6: Apply the Equality and Diversity Toolkit to 100% of all new policies, strategies and procedures

An example of good practice in this area was the completion of the Operational Catering Guideline which highlights the provision of Halal and Kosher tube feeding for patients who require this. Certificates of authenticity were included as part of the EDIA.

Financial Inclusion

Action 4.4

Through Future Jobs Funding (joint DWP/EAC funding) East Ayrshire Carers Centre has recruited 26 unemployed young people, who, over a period of 6 months, will develop skills through shadowing and supporting Carers Centre staff in a variety of settings, including:

Administration, Information provision, gardening, GP liaison activities, therapy work, helping at Dalmellington House, learning disability and carer support (adult and young carers).

Long Term Conditions

Work is well underway exploring opportunities to improve current access to community equipment. A Pan Ayrshire joint equipment work group has been formed and will be considering current arrangements and opportunities for improvement, in line with the Scottish Government Best Practice Guidance. A small partnership sub-group is taking forward the development of the ELMs software system across Ayrshire.

Occupational Therapy services across Ayrshire have developed a steering group to look at the opportunities for service improvements, through improved joint working. Further progress will be reported through the adult officer locality group.

Corporate Parenting

The Community Planning Partnership has signed up to the East Ayrshire Promise – a commitment to the anti stigma campaign being led by Who Cares? Scotland. (at Community Planning Partnership Board on 11 June 2010)

Signature

Katie Kelly on behalf of CHP Lead Officers

Date
