





You may want to write a few comments, give a score out of 10 by ticking or colouring in the boxes or draw a picture about how you feel.

1	2	3	4	5	6	7	8	9	10
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What would you say about:	What is not going so well 	What is okay: 	What is going well: 
feeling safe at home, at school and in your local area 			

You may want to write a few comments, give a score out of 10 by ticking or colouring in the boxes or draw a picture about how you feel.

how well you are doing
at school or in other
places

Acheiving

You may want to write a few comments, give a score out of 10 by ticking or colouring in the boxes or draw a picture about how you feel.

how you are valued
and listened to by
adults and people of
your own age

Respected

What could be done to make things better? You may wish to write a few words or draw a picture

Feeling safe	Being Healthy	Doing your best	Feeling cared for
Getting more involved	Feeling respected	Being more responsible	Feeling more involved

How well were you able to express your views? Score out of 10

1 Low – 10 High	1	2	3	4	5	6	7	8	9	10
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Thank you for giving us your views

These are very important and will help us to do what we can to help you achieve your goals