



East Ayrshire CHP Forum
2.00 pm Wednesday 20 April 2011
Room 1, Strathlea House, Kilmarnock

Present: Mrs Mandy Yule, Health Care Director - Chair of meeting
Mrs Mary Ballantyne, Carers Sub Group
Mrs Louise Benson, Allied Health Professionals
Mrs Vickie Brown, Council of Voluntary Organisations (CVO)
Mrs Brenda Emmerson, Chair Carers Sub Group
Mrs Nicola Pirie, Area Pharmaceutical Professionals Committee
Dr David Richardson, EA Locality Group GP Lead
Mrs Joy Rollie, Public Partnership Forum (PPF)
Mr Ian Smith, Coalfield Communities Federation
Mrs Susan Wilson, Area Nursing & Midwifery Professional Cttee

In Attendance: Mr Tommy Burns, Community Health & Wellbeing Coordinator
Mrs Noreen Caldwell, Scottish Health Council
Mr Eddie Fraser, Chair Locality Group Adult
Mrs Kay Gilmour, Chair Locality Group Children
Mrs Jean Hendry, Healthcare Manager
Mrs Shiona Johnston, CHP Facilitator
Mrs Carolyn Wyper, Keep Well Programme Manager (Item 8)
Ms Pauline Sharp (Minutes)

Appointments: Mrs Yule was acting as the Chair of the meeting in place of Mr Alistair McKie. Mr McKie had been appointed on 1 April 2011 as a Non Executive Director of NHS Ayrshire & Arran and as the Chair of the EA CHP Forum. Unfortunately he was on pre-arranged annual leave and had submitted his apologies. The Forum welcomed this new appointment and looked forward to meeting Mr McKie.

Thanks: Mrs Yule, on behalf of the Forum, wished to thank Mrs Rita Miller for her sterling work as Chair of the EA CHP Forum. Mrs Miller retired as a member of the NHS Ayrshire & Arran Board and Chair of the EA Forum on 31 March 2011.

1. Apologies for absence

1.1 Dr Brown, Mr Crichton, Dr McAlpine, Mr McKie, Mrs Moore, Mr Pryce, Mr Stevenson and Mr Willians.

For the approval of EA CHP Forum

2. Minutes of the meeting held on 16 February 2011 Action

- 2.1 The Committee approved the minutes of the meeting held on 16 February 2011 as an accurate record.

3. Matters arising

- 3.1 **Item 5.1 East Ayrshire Community Hospital (EACH) –** Mr Smith advised he had not received an update since the previous Forum meeting. Although there was a very comprehensive progress report on the current agenda it was agreed that interim updates would be provided for the Communities Federations in the future. SJ

- 3.2 **Item 11.2 –** In relation to the concerns expressed by Mr Pryce at the previous EA Forum meeting regarding the capacity for health services with the increase in housing at Stewarton, Mrs Emmerson highlighted the provision of 600+ new houses in the Cumnock area and expressed concern about the impact on EACH. Mrs Johnston assured that both the NHS and Local Authority were involved in initial discussions to plan for this.

- 3.3 All matters arising were covered in the agenda.

4. Lead Officers Report

- 4.1 Mrs Johnston advised this was the second last Lead Officers Report and highlighted a number of points to note from the paper for the Forums information. These included:

- Continued excellent progress with the improving health and wellbeing agenda.
- Very innovative partnership work under improving health and inequalities and work with National Prison Oral Health Improvement Group and local Health Promoting Prison Group to establish oral health training programme for prisoners.
- The Alcohol and Drug Partnership have directed a sub group to work in partnership with Strathclyde Police delivering the unique and innovative public reassurance model within the North West area of Kilmarnock.
- Getting it right for every child - The Integrated Assessment Framework was first implemented on 18 January 2010 and in the first year of implementation there have been over 1,100 assessments completed.
- Older People - East Ayrshire Older People Conference took place on 26 November 2010. The benefits of the Change Fund in terms of bringing on some of the work already established relating to the Reshaping Care agenda.
- Joint Equipment review - The benchmarking process had been completed and an agreement had been reached that an option appraisal should be carried out to ensure the most cost effective way of providing a single service.

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4.2 The discussion was opened out to the Forum and areas discussed included:

- On Item five Mrs Gilmour advised they had changed their model with their focus being on intervening much earlier in a child's life.
- A pilot had been carried out on the School Nursing Service and the feedback had been good with links into specialist support better coordinated allowing access to a wider range of NHS care services.
- Mr Fraser advised the Alcohol and Drugs Partnership are working on a draft strategy highlighting the wide impact of alcohol and drugs eg on children of substance abusers and that it would be presented to the EA Forum when finalised.
- Early intervention – Mrs Gilmour advised they were focusing on pre-birth, with discussions ongoing on how that broad support would be put in place.

5. Single Outcome Agreement (SOA)

5.1 Mrs Johnston provided a verbal update on the SOA and the IHW Plan. There had been full approval of the new Community Plan, including the Improving Health and Wellbeing Plan for 2011/15 at the Community Planning Board on 29 March 2011. The full plan and supporting action plans are available to download from the Community Planning website. The EA CHP Forum would be kept updated on progress with the first report coming to the September meeting. The reports would be on a quarterly basis and would also be considered by the OLGs and Committee. The final Community Plan Annual Report had to be submitted by May 2011.

6. Improving Health and Wellbeing (IHW) Plan

6.1 Recorded at Item 5 of minutes.

7. Change Fund progress

7.1 Mr Fraser advised although he had not been at the last Forum meeting a number of issues raised on the Change Fund had been reflected in the submission. The papers circulated to the Forum had included a copy of EA CHP's final approved submission to the Scottish Government. The next phase was implementation with it being a four way partnership, Local Authority, NHS, third sector and the voluntary sector. The Change Fund is funding for the future and the Scottish Government want to see all take this forward together. The Appendix detailed the total amount of money spent on older peoples' services.

7.2 Among the points discussed with the Forum were:

- EACH and that reshaping care for older people would be a 10 year strategy.
- Reduction of hospital stay for older people from 6 to 4 weeks.
- Intensive care packages with funding being attached to the

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person.

- Need to increase capacity in Community Health and Social Care.
- Advantages of a Single Point of Contact + review of Out of Hours provision to a pan-Ayrshire delivery by April 2012.
- Review of investment of money within Primary Care Services – eg virtual wards.

7.3 The important role of the EA CHP Forum in the implementation of the reshaping care plan was highlighted. Mrs Yule commended the huge piece of work and those involved in pulling together the proposals in such a short period of time. The Forum considered it would be crucial to be kept up to date with progress and be able to monitor the effectiveness of new practices. Mrs Johnston assured the Forum they would be receiving a Reshaping Care Progress Report at each meeting.

8. Keep Well

8.1 Mrs Wyper advised they were about to go into the planning phase to expand and develop pathways of the Keep Well programme. She was in attendance to provide the Forum with an update (please see copy of presentation attached at appendix 1). Among the areas highlighted in her presentation were:

- Copy of Keep Well training posters.
- GP contacting patients and inviting for health check, which last between 40-45 minutes. If identified as having some lifestyle risk the patient is referred to a local service to help address the risk.
- Expanded from GP model to Community Pharmacy model hoping to enhance the accessibility of the programme to more than Cardiovascular disease.
- Current model of delivery – been asked by Scottish Government to refocus on individuals 40-64 and other vulnerable people.
- NHS Ayrshire & Arran are required to submit their new implementation plan by June 2011.
- Implementation Plan – need to reach out to groups Scottish Government identified.
- Since the programme started in 2008 it has delivered 6000 health checks across Ayrshire including homeless hostels.
- Aim is to contribute to the reduction in health inequalities in Scotland through prevention.

8.2 The discussion was opened out to the Forum and included:

- Members of the Alcohol and Drug Partnership asked about the plans for involving their clientele. Mrs Wyper advised the Keep Well team were having initial discussions with the Addiction Service to establish an appropriate model.
- Appointment of six advisors to cover the whole of Ayrshire and ensure all client groups are contacted.

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- Enquiry was made about arrangements for follow up to measure the impact of the health checks. Mrs Wyper advised this was slightly difficult because of the migration to GP services but that work was being done on this area.
- Commitment to continue the programme until at least 2015. Local needs have been recognised with it just being introduced into South Ayrshire in February 2011. EA were involved right from the start in the delivery of Health Checks in August 2008.
- A piece of work is currently in the process of being developed regarding the homeless population.
- Dr Richardson advised the programme was very useful in identifying patients who do not have much contact or who are reluctant to engage with health services.
- At what point would the Keep Well team know they were having a positive impact? Mrs Wyper advised they had just finalised the individual GP reports and the results showed that a range of diseases were being picked up on.

Mrs Yule thanked Mrs Wyper for attending, providing a very informative presentation and stated that the EA CHP Forum looked forward to receiving updates on the benefits realised once they had been measured.

9. Community Health Improvement Partnership (CHIP) Service Redesign

- 9.1 The report had been to the EA CHP Committee and OLGs and provided information relating to the innovative re-design of CHIP services in response to new funding allocations and new local and national priorities. Following consultation specific priority services areas had been identified and included Mental Health and Wellbeing, Alcohol and Drugs, Older Adults, Community Outreach programme, Intensive Volunteer Programme and Activity on Prescription. The paper outlined how the service will work with communities and individuals to really build on good resources already in place including working with GPs on an exercise referral programme. CHIP will deliver against many of the outputs contained within the new health and wellbeing action plan.
- 9.2 The EA Forum supported the current work and endorsed the redesign. They looked forward to receiving updates and more detail on proposed service provision once they were in place.

10. Integrated Resource Framework (IRF) Action Plan

- 10.1 Mr Fraser provided an update on Phase 2 of the IRF pilot. East Ayrshire IRF work had focused on adults aged 16-65 with learning disabilities and/or mental illness who were defined as having complex needs. The IRF team had provided a very comprehensive report with the findings outlined in Section 3 of Paper 4.
- 10.2 Section 4 outlined that NHS Ayrshire and Arran and EA Council are jointly committed to resourcing the delivery of the next steps which

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include:

- To take forward a process of joint reviews.
- Extend the Resource Allocation System in EA and have direct engagement with services users, families and carers regarding a shared responsibility and ownership for budgets.
- Extending the Resource Allocation Group to include local health, housing and leisure representation and ensure a fully aligned body.
- To move to greater devolved responsibility of the budgets to locality teams.
- Building on existing good practice in respect of co-location of services.
- Maximising opportunities presented by improvements in telehealth & telecare.

10.3 The Forum discussed the other IRF projects within Ayrshire including the pan Ayrshire project for Chronic Obstructive Pulmonary Disease (COPD). This is focusing on supporting self management for people within their own homes. Mr Fraser advised he was hoping to bring a paper to the next Forum outlining the approach to IRF within other projects across Ayrshire. A discussion was held on changing the mindset of people and professionals to encourage confidence in self management.

11. Children and Young People Service Plan Consultation update

11.1 Paper Five had been unable to be discussed at the EA CHP Forum on 16 February 2011 due to the volume of business. It provided information on the development of the three year plan for the period 2011-2014. Consultation had been undertaken with children aged 2-21 years with a total of over 800 views from across EA having been received. This ensured a good breadth of children and young people could influence this important strategic document. Mrs Gilmour advised key messages were coming through and that they would influence the development of strategic priorities, although there would be a need to avoid duplication. A draft of the Children and Young Peoples Service Plan would be brought to a future Forum meeting.

11.2 Mrs Yule thanked Mrs Gilmour for the update.

12. Update on EACH – Integrated Service Developments

12.1 Mrs Johnston provided an update on the six month review position on the Community Rehabilitation Service at EACH implemented on 30 August 2010. The paper also highlighted issues requiring further consideration. Among the areas discussed with the Forum were:

- Services available – how to build these up with limited resources.
- Working with GP practices regarding referrals.
- Multi disciplinary team – huge change management and thought process.
- Rapid Response Team – Paperwork model being used within NHS

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Ayrshire & Arran.

- Opportunities to further develop work – testing out single point of contact.
- Anticipatory care and engaging with voluntary organisations.
- Challenges - How measure improved personal outcomes for people. Capacity of staff. Duplication of assessment process.
- Storage of records.

12.2 Dr Richardson advised, from a GP perspective, it had been really useful having a single point of contact and that it was a good building block towards virtual wards. He congratulated the staff for their enthusiastic engagement with the process despite the extra work this had given them. The Forum endorsed and supported the process to date and the principles and approach for the continued development of an integrated health and social care services model within EACH. They looked forward to receiving updates on progress as part of the Reshaping Care process.

12.3 Mrs Hendry provided more information on the implementation of agreed actions. The first phase of replacing doors and floors had been completed. She advised a meeting had been held on 12 April 2011 with BAM Construction and the wards in EACH are delighted with the completed changes. The next phase of work on the dental service will start at the end of April 2011. This would take place in two stages (weeks 1-16 and weeks 17-32). Mrs Hendry advised anyone wanting to have sight of the plans to contact her. Staff had been consulted and so far considered the work had gone well and the GP unit had been very helpful in supporting pressure in the hospital. A site manager had been appointed who was available to address operational issues as they arose. There was an issue with storage and options being looked at on how to improve and agree a way forward to address the concerns of all users. Additional car parking was also a requirement to support the increase in staff and patients, the cost for this had not been part of the original scheme. Proposals were being drawn up in order that when the financial climate improved this would be able to be progressed. Mrs Emmerson highlighted an issue with the distance from the disabled spaces to the entrance of EACH. Mrs Hendry would add this concern to the plans for car park improvement. JH

13. Getting it right for every child (GIRFEC) paperwork

13.1 Three sets of paperwork had been presented to the Forum 1) GIRFEC (Guidance for Parents and Carers), 2) GIRFEC (Guidance for Young People) and 3) My Views – GIRFEC. These had already gone to the EA CHP Committee and OLG for their approval.

13.2 Mrs Gilmour advised the aim is to have the same paperwork across NHS and Local Authority services. The EA CHP supported the improvement.

14. Carers Sub Group update

14.1 Mrs Emmerson gave an overview of highlights from the Carers sub

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group, these included:

- Princess Ann opening an event at Carnoustie.
- Mrs Emmerson was now part of the Scottish Government Reference Group “Monitoring and Implementation of Scottish Carers Strategy” and will keep the EA Forum updated with their work.
- Mr Fraser attended the 16 February Carers Sub Group meeting and it had been decided to hold more meetings in order to cover business.
- Mrs Doreen Boon had retired from the Sub Group and her place had been taken by Mr Tommy Burns.
- Carers Action Plan for 2011/15 – it is hoped this will be available for the next CHP meeting in June.
- It had been proposed that the name of the group be changed to the Carers Forum and this was agreed by the EA CHP Forum.
- A number of guest speakers have been arranged to attend and discuss current issues affecting carers.
- Inspiring Breaks meeting – not many people had applied - all would be done to promote attendance.
- Holistic support package for carers and family members – Mrs Emmerson to keep the Forum updated on any progress.
- Training – how to give appropriate support to family carers. Mrs Emmerson raised concern about a carer who had not been given advice on administering insulin. She was advised to get the carer to contact her pharmacy or GP regarding this.
- Reinstatement of Respite Group – to be discussed outside the EA Forum.
- Personalised family support packages – Mr Fraser advised there would be implications for any organisation.

14.2 Mrs Ballantyne advised she was redesigning their magazine along with Mr Kenny Milne to make the format less complicated.

15. Public Partnership Forum (PPF) Update

15.1 Mrs Rollie provided an update including:

- PPF surgeries – one planned for New Cumnock on 16 June.
- Concerns about the GP practice in New Cumnock which have been raised with the Primary Care team of NHS Ayrshire & Arran. Mrs Rollie to keep the Forum informed of any developments.

16. EA CHP Committee – 4 April 2011 draft minutes

16.1 Noted.

17. Officer Locality Group for children and young people – 22 March 2011 draft minutes

17.1 Mrs Gilmour advised the attention deficit hyperactivity disorder (ADHD)

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pathway had been approved with a booklet based on an existing North Ayrshire publication having been prepared for across the three Local Authorities. She also highlighted the “Outcomes Guide for Practitioners” being developed in conjunction with the Child Protection Committee to provide a guidance document for practitioners to help in their decision making.

18. Officer Locality Group for adults and older people – 9 March 2011 draft minutes

18.1 The business had consisted of mainly Change Fund and IRF business.

19. Any other business

19.1 **Relocation of CHP staff Strathlea House** – The Forum were advised that the entire property portfolio on the Strathlea site would be sold and all staff relocated elsewhere by June 2011. This would mostly be to Ayrshire Central, Crosshouse and Kirklandside Hospitals. Mr Smith expressed his appreciation for the way the Strathlea staff have interacted with the EA Forum over the past few years and wished them well on their move. Mrs Yule thanked the EA CHP Forum for their positive comments regarding the staff on the Strathlea site.

19.2 It was agreed that a representative for the independent sector would be a great advantage for the EA Forum in light of the current agenda and priorities for the CHP structure. Mrs Johnston to action.

SJ

19.3 Mrs Yule thanked all for their participation and contribution to the meeting and stating, on behalf of the EA Forum, that the group looked forward to working with the new Chair.

19.4 There was no further business.

20. Date, time and venue of next meeting

Wednesday 22 June 2011 at 2.00 pm, Room 1, Council HQ, Kilmarnock

Chair Date

Keep Well

Keep Well

Carolyn Wypser

Programme Manager

- General overview of current delivery models
- General overview of new mainstreaming plans

The Keep Well journey

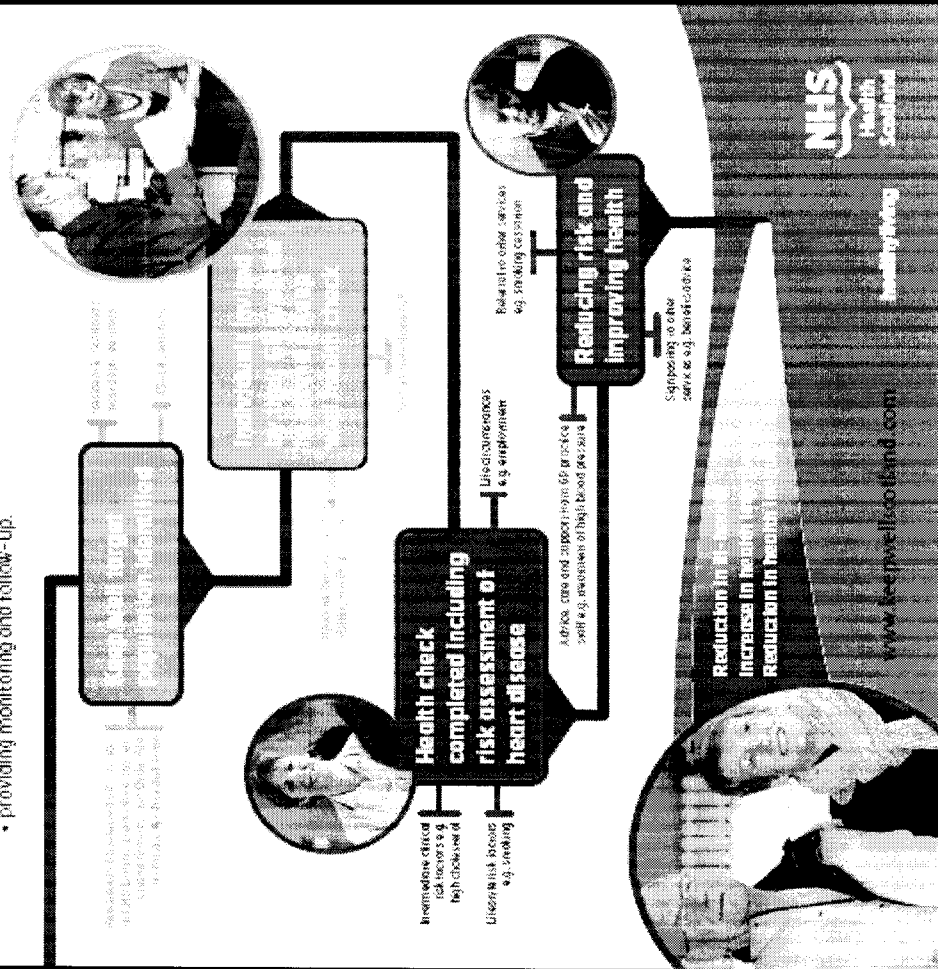
A model of anticipatory care in practice

The Keep well vision is:

to increase the rate of health improvement in deprived communities by enhancing primary care services to deliver anticipatory care.

Keep well will do this by:

- identifying and targeting those at particular risk of preventable serious ill-health (including those with undetected chronic disease)
- offering appropriate interventions and services to them
- providing monitoring and follow-up.



To improve the rate of health improvement and reduce health inequalities in cardiovascular disease by improving the way healthcare services are delivered to individuals

2008 - 2012

Target Age

[Redacted]

Target Groups

[Redacted]
[Redacted]
[Redacted]

Delivery

General Practice Opportunistic Community
Nationally Priorities Community Pharmacy SAs

2012 - 2015

Target Age

[Redacted]

Target Groups

[Redacted]
[Redacted]
[Redacted]
[Redacted]

Delivery

Central Practice Opportunistic Community

“to contribute to the reduction in health inequalities in Scotland through building Primary Prevention into normal practice in NHS Boards, specifically through offering health checks and related follow-up services and support to those communities at higher risks of premature CVD” .

The proposed implementation plans will require to set out:-

- How the target population will be identified
- Engagement strategies for reaching target populations
- Models for delivery of health checks
- Onward referral procedures
- Resource plans, including workforce strategies
- Data collection within communities and primary care settings and transfer processes to primary care systems