



**EAST AYRSHIRE CHP FORUM**  
**2.00pm Wednesday 16 February 2011**  
**Room 1, Council HQ, Kilmarnock**

**Present:** Mrs Rita Miller, Chair  
Mrs Louise Benson, Allied Health Professionals  
Dr Iain Brown, PPF  
Mr Jim Crichton, Director of Mental Health Services  
Mrs Brenda Emmerson, Chair Carers Sub Group  
Dr William McAlpine, Area Medical Professional Committee  
Mrs Nicola Pirie, Area Pharmaceutical Professionals Committee  
Mr Archie Pryce, EA North Communities Federation  
Dr David Richardson, EA Locality Group GP Lead  
Mrs Joy Rollie, PPF  
Mr Ian Smith, Coalfield Communities Federation

**In Attendance:** Mrs Kay Gilmour, Chair Locality Group Children  
Mrs Lynda Hamilton, Public Health Specialist (for Mrs Wilson)  
Ms Katie Kelly, Outgoing CHP Facilitator  
Mrs Sharon Lindsay, Assistant Director of Finance, NHS (Item 4)  
Mrs Shiona Johnston, CHP Facilitator  
Mrs Cathy Roarty, Lead Public Health Practitioner (Item 8)  
Ms Pauline Sharp (Minutes)

**Welcome:** Mrs Miller welcomed and introduced Mr Shiona Johnston the newly appointed East Ayrshire CHP Facilitator.

**Current Business:** Due to the volume of the EA CHP Forum business it was agreed that certain items would be deferred to the next Forum meeting or members could provided a short synopsis of their item and this would be circulated to the EA CHP Forum for their information.

**1. APOLOGIES FOR ABSENCE**

Mrs Ballantyne, Mrs Brown, Mr Fraser, Mrs Hendry, Mrs Moore, Mr Stevenson, Mr Willians, Mrs Wilson and Mrs Yule.

**2. MINUTES OF THE MEETING HELD ON**

The minutes of the 15 December 2010 meeting were considered an accurate account of events and approved by the Forum.

## For approval of EA CHP Forum

### 3. MATTERS ARISING

- 3.1 **Residents Survey** – Mrs Miller advised she had received a letter from Mrs Gwen Barker of Community Planning which had explained the high cost of a residents' survey. In light of the current efficiency saving exercises it had not been considered that this would be achievable. The Residents Panel which had a recently revised membership would be able to provide advice.
- 3.2 **Young Carers Involvement in Carers Sub Group** – Mr Will Brown, Service Manager was taking this action forward and the Carers Sub Group would keep an eye on progress and update the EA CHP Forum when appropriate.
- 3.3 **Carers Sub Group + combined meeting** – Ms Kelly advised work was ongoing to organise an event and ensure there was wide representation.

### 4. RESHAPING CARE FOR OLDER PEOPLE – CHANGE FUND – DIRECTION OF TRAVEL

- 4.1 Mrs Johnston provided a brief overview of the background to the Change Fund. Following the announcement by the Scottish Government regarding the £70 million for the Change Fund to support the Reshaping Care for Older People Programme, on 23 December guidance had been issued and detailed an allocation of £1.648 million for East Ayrshire. This had to be used in partnership, with the bid required to be submitted by the end of February 2011. A number of partnership meetings and an Extended Officer Locality Group Stakeholder Event had taken place to consider priorities for using the Change Fund monies. The direction of travel had been approved by the EA CHP Committee on 31 January 2011. Due to the tight time scale and the fact that there would not be another CHP Committee meeting before the deadline for the bid the Committee had agreed for the Chair of the EA CHP Committee to finally sign off the bid. Paper 2 was to allow the EA CHP Forum to offer advice and discuss their view on the priorities and support progress to date.
- 4.2 The principal policy goal of Reshaping Care for Older People Programme was to "Optimise independence and wellbeing for older people at home or in a homely setting." This goal had been reiterated at the Older Peoples conference held in November 2010, with the increasing older demographic population of East Ayrshire wishing to stay at home and be supported to do that. Currently the spend profile across health and social care services saw almost two thirds of resources being invested in institutional based services including almost one third spent on unplanned admissions to hospital. Discussion was held on how the Change Fund could be utilised to help address the challenges in reshaping service provision. Some of these challenges included delayed discharges, reducing emergency admissions and working with older people to meet their aspirations for home care. To help achieve these 4 workstreams are proposed i) Promotion of Community Wellbeing, including Universal Services, ii) Sustaining Independence and promoting Self Management (in homely settings), iii) Integrated Rehabilitation and Enablement Services and iv) Intensive Supports.

## For approval of EA CHP Forum

### 4.3 The main points raised by the Forum were:

- i. Prevention – a strategic emphasis eg falls and how to improve support and training for care homes.
- ii. Pharmacy capacity (for example within palliative care).
- iii. Disability Living Allowance issue – impact and need to monitor the link with financial inclusion.
- iv. Housing adaptations – how to engage housing and planning to ensure adaptations installed quickly.
- v. Hub – ensure good communication with all partners especially GPs and Primary Care (PC).
- vi. How to engage with whole Primary Care family.
- vii. Developing virtual ward approach rather than exploring including telemedicine.
- viii. Obesity (and other long term conditions eg diabetes) – keeping in sight and consider how to bring planning in terms of health improvement.
- ix. Carers Support Plans – Pushing single point of contact for home care.

4.4 Concern was expressed about the lack of detail on how the planned changes were going to be achieved, the specific involvement of dentistry, GPs, pharmacy or optometry and exactly how the money was going to be allocated. Mrs Johnston assured the Forum that once the funding was allocated that this would be ongoing work, and reassured members that this was an initial plan building on the direction of travel already agreed within East Ayrshire. A Reshaping Care Group will be formed to work out a longer term strategic reshaping approach, and to develop the actions required for implementation. This group would be consulted and involved throughout this process.

4.5 The Forum considered this very significant progress for shifting the balance of care and wished to be involved and consulted at all stages. The importance of having a wide range of service providers around a table was emphasised. All members were encouraged to contact Mrs Johnston if they had any further comments they wished to make. **ALL**

## 5. **EAST AYRSHIRE COMMUNITY HOSPITAL (EACH) - PROGRESS**

5.1 Mrs Johnston advised work had started in January in the Frail Elderly and Elderly Mental Health Wards to widen the doors and make them fire resistant and to replace the flooring. Work on the dental unit would commence in March 2011. The Forum welcomed this provision and the improved service this would provide in the locality. The Forum were assured that an update would be provided regularly on progress within EACH. Mr Smith asked for the Communities Federations to be kept informed in order that they could disseminate the information further.

## 6. **OUTCOME OF CONSULTATION WITH CHILDREN AND YOUNG PEOPLE IN RELATION TO THE INTEGRATED CHILDREN AND YOUNG PERSON'S SERVICES PLAN 2011/2014**

6.1 To be deferred to the next Forum meeting.

**7. NHS AYRSHIRE + ARRAN BUDGET SETTING PROCESS**

- 7.1 Mrs Lindsay provided a powerpoint presentation (please see appendix 1 attached) outlining the budget setting processes for NHS Ayrshire & Arran, which differed in stages from East Ayrshire Council. NHS Ayrshire & Arran had just received their allocation the previous week from the Scottish Government. She provided a summary which included the National Revenue funding and revenue allocation increase. Cost pressures were detailed eg pay inflation, overspend areas, supplies, drug costs, including funding free prescription charges, clinical negligence provision, provisions to meet waiting times including bank and locum cover and other clinical pressures. Among the challenges for the coming year there was the requirement to match funding for the Change Fund, find 4% efficiency savings, implications for modernising medical careers and meeting the European Working Times Directive. Detail was provided on the variety of work streams being carried out by each Directorate to ensure a sustainable future. These budget proposals would be going to a number of internal committees before being presented to the NHS Board on 23 March 2011 for their approval.
- 7.2 The Forum agreed the presentation had been very helpful and had highlighted the recurring themes and pressures being addressed by both the NHS and Local Authority. Discussion was held on the common agenda of how to reshape service provision in the current financial climate and the importance of ensuring prevention and early year intervention was not lost sight of. The OLGs were very much looking at the ways partners can work better together, economies of scale and for Adults how to use the Change Fund as a starting block. Group also asked that budget setting processes within both organisations were included annually within the agenda. Mrs Miller thanked Mrs Lindsay for providing the informative presentation.

**8. EAST AYRSHIRE CHP HEALTH AND WELLBEING PROFILES**

- 8.1 Mrs Roarty provided a powerpoint presentation (please see appendix 2 attached) of the EA CHP Health and Wellbeing Profile and Children and Young People Health and Wellbeing Profile published by the Information Services Division, NHS Health Scotland and the Scottish Public Health Observatory. The data provided a snapshot for East Ayrshire and allowed comparison with all CHPs across Scotland and also by communities across East Ayrshire. The reports illustrate the significant differences in the health of the population of East Ayrshire and largely reflect life circumstances such as poverty and social deprivation.
- 8.2 Paper 4 highlighted a number of issues from the profiles for the EA CHP structure to address and which would help direct the priority setting and targeting of finances. Among the points to note were:
- Male/Female life expectancy + mortality – significantly below the Scottish average but moving in the right direction.
  - Premature mortality for coronary heart disease and cancer – reducing but huge variation across communities.

## For approval of EA CHP Forum

- Lifestyle indicators + Public Health priorities – Smoking attributable deaths and patients hospitalised with alcohol and drug related conditions significantly higher than Scottish average.
- COPD and strong relationship with smoking – accounts for a large portion of NHS and Local Authority resources.
- High prescription of drugs for depression and anxiety (although these drugs can be prescribed for conditions not related to mental illness.
- Obesity – Children who are obese in primary one.
- Diabetes – The association with obesity and implications for other services.
- Patients hospitalised with asthma – these figures are high across the 3 Ayrshire & Arran CHP areas. Work was ongoing to analyse the reasons behind this. Mrs Roarty advised the EA CHP Committee had asked for more information on this.
- Oral Health – An area where there has been vast improvement due to targeted work within communities eg the Child Smile initiative.
- Breastfeeding – below the Scottish average. Strong connection between breastfeeding and reduced incidence of asthma in children.
- Multiple admissions for over 65s – a target for the use of Change Fund monies.
- Personal Care – Very good in East Ayrshire. Social work and health work well together.
- Secondary School attendance – very positive. Possibility of targeting work.

8.3 Mrs Roarty advised she had given the presentation to the EA CHP Committee and would also be presenting the information to other groups including the OLGs. She reminded members that some of the data required further analysis and to contact herself or the Health Improvement Team if further clarification was sought. Alternatively all profiles were available on the Scottish Public Health Observatory (ScotPHO) website at [www.scotpho.org.uk/profiles](http://www.scotpho.org.uk/profiles). Mrs Miller thanked Mrs Roarty for her presentation.

## 9. DRAFT IMPROVING HEALTH AND WELLBEING ACTION PLAN

9.1 The Forum noted the papers.

## 10. CARERS SUB GROUP UPDATE

10.1 To be deferred or update provided.

## 11. COMMUNITIES FEDERATIONS UPDATES

11.1 **Coalfield Communities Federation** – To be deferred or update provided.

11.2 **EA North Communities Federation** – To be deferred or update

## **For approval of EA CHP Forum**

provided. Mr Pryce enquired about concerns the Stewarton Community Council had about the capacity for health services in the Stewarton area due to an increase of around 300 newly built houses. Ms Kelly advised East Ayrshire Planning Department were in discussions with NHS Ayrshire & Arran regarding a solution. The EA CHP Committee and Forum would be kept updated.

### **12. PPF UPDATE**

12.1 To be deferred or update provided.

### **13. EA CHP COMMITTEE – DRAFT 31 JANUARY 2011 MINUTES**

13.1 Noted.

### **14. OFFICER LOCALITY GROUP FOR CHILDREN & YOUNG PEOPLE – DRAFT 25 JANUARY 2011 MINUTES**

14.1 Noted.

### **15. OFFICER LOCALITY GROUP FOR ADULTS & OLDER PEOPLE – DRAFT 19 JANUARY 2011 MINUTES**

15.1 Noted.

### **16. ANY OTHER BUSINESS**

16.1 Ms Kelly advised the EA CHP Forum this would be the last meeting that Mrs Miller would chair. Mrs Miller was standing down as a Non Executive member of NHS Ayrshire & Arran with effect from 31 March 2011. The Forum would be informed of the appointment of a new Chair as soon as this had been agreed. Ms Kelly, on behalf of the Forum, wished to thank Mrs Miller for her enthusiastic input and consistent leadership from the beginning of the current CHP arrangement. The Forum wished Mrs Miller well for the future.

### **17. DATE, TIME & VENUE OF NEXT MEETING**

**WEDNESDAY 20 APRIL 2011 AT 2.00 PM, ROOM 1, COUNCIL HQ, KILMARNOCK**

Chair ..... Date .....

### National revenue funding to territorial boards

Ayrshire & Arran

	£ million
Change Fund	70
Free prescriptions compensation	57
Move to NRAC parity	24
Others (pay, supplies, VAT, NI)	81
<b>Total</b>	<b>232</b>

### Revenue allocation increase 2011/12

Ayrshire & Arran

	£ million	
Increase from £559.2 million to £574.7 million	15.5	Increase (2.8%)
Cost of abolition of prescription charges	(4)	
To be invested in "Change Fund"	(5.5)	
Funding available for pay, prescribing and supplies cost pressures	6	(1%)

### Pay inflation 2011/12

Ayrshire & Arran

	£ million
£250 for staff earning below £21,000	1.1
Incremental point up scale	3.2
Junior doctor travel	0.3
Increase in National Insurance	1.0
Others	0.1
<b>Total</b>	<b>5.7</b>

### 2010/11 overspend areas

Ayrshire & Arran

Structural deficit	Overspend £000	Approach
Frail elderly nurse staffing (bank use)	680	Reshape services – change fund
A&E staffing (locums)	430	Recruitment approach
Orthopaedic implants activity	500	Supplies cost pressure
Radiology/radiography staff	760	Clinical cost pressures
Minimally invasive surgery	350	Supplies cost pressure
High cost packages of care	400	Supplies cost pressure
Surgical appliances, e.g., wigs	180	Supplies cost pressure

## 2011/12 supplies cost pressures

- General RPI increase from January – October 2010 = 3.63%
- Recent increases in commodities costs; food; cotton; petrol; energy
- VAT increase to 20%
- Increased activity in-house for orthopaedics therefore more hips and knees

## 2011/12 drug cost pressures

- GP prescribing budget of £75 million
  - New drugs – SMC decision re Dabigatran
  - if Ayrshire and Arran patients switch from Warfarin extra cost about £6.5 million
- MS drugs increase £395,000
- Anti TNF drugs increase = £1,445,000

## Cost pressures 2011/12

Cost pressure	£ million
Pay (including increments, 1% increase in national insurance etc)	5.7
Supplies (including increase to 20% VAT)	12.4
Clinical Negligence and Other Risks Indemnity Scheme (CNORIS)	1.0
Primary, secondary and tertiary prescribing, and new drugs	3.8
Orthopaedics, radiology and other waiting times	1.6
Other clinical pressures, e.g. CAMHS, insulin pumps	0.9
<b>Total</b>	<b>25.4</b>

## Summary 2011/12

Summary	£ million
Cost pressures	25.4
Allocation uplift	(6)
Income increase	(1.5)
Efficiency savings and cost cutting required	17.9

## Programmes

Ayrshire & Arran

	ICPS	ICES	ICSS	MHS	PCD	Other
Efficient use of Technology & Estates						
Right Staff, Right Place						
Right Care, Right Place						
Standardising Clinical Services						
Standardising Support Services						
Additional savings from each directorate						

- ## Savings/cost release
- Ayrshire & Arran
- Individual beds – can't reduce nursing staff
  - Ward – can release nurse/medical staffing, cleaning, food
  - Hospital – save rates, capital charges, maintenance, property related costs

- ## Process timetable
- Ayrshire & Arran
- 11 February 2011 - 2011/12 allocation notified
  - 22 February – Directors' Team agree efficiency savings and cost pressures supported
  - 3 March - Integrated Care Modernisation Board
  - 8 March - Finance Committee
  - 23 March - Board Meeting

**NHS**  
Ayrshire  
& Arran

**East Ayrshire CHP  
Health and Wellbeing Profiles 2010**

Cathy Roarty  
Lead Public Health Practitioner  
Public Health Department

**NHS**  
Ayrshire  
& Arran

**CHP Health and Wellbeing Profiles 2010**

What do the Profiles provide us with?

1. A CHP Profile for the whole population and a Children and Young People Profile
2. A snapshot of health and wellbeing at Scotland, Health Board, CHP level and below
3. Most indicators are derived from several years of data
4. The data range mainly from 2006 to 2009
5. Spine, trend and rank charts for the range of geographies across a total of 59 indicators

**NHS**  
Ayrshire  
& Arran

**CHP Health and Wellbeing Profiles 2010**

- Provide organisations and communities with locally-relevant public health data
- Highlight health and social inequalities
- Provide local information for supporting targeting of resources and priority-setting
- Develop knowledge of the complex nature of health and its determinants
- Help understanding of local health issues, rather than to support performance management (ScotPHO 2010).

**NHS**  
Ayrshire  
& Arran

**CHP Profiles - 59 indicators in 10 domains**

1. Population profile	6. Social care and housing
2. Mortality	7. Education, employment and prosperity
3. Substance use	8. Crime
4. Ill health and injury	9. Environment
5. Mental health and function	10. Child and maternal health

[Children and young people profiles 2010]  
East Ayrshire has 30 intermediate zones (IZs)













